South Coast Cycling

Club email Web page Face book secretary@southcoastcycling.org.au southcoastcycling.org.au

www.facebook.com/group.php?gid=19152478395



EDWARDSTOWN 11 DECEMBER 2009 NEWSLETTER

18 Dec - Edwardstown Christmas Cup on Wheels

Join in the Christmas spirit – dress yourself and bike up in tinsel & Christmas decorations

- Prizes for best dressed cyclist, bike and spectator
- Glenelg Cycles Series presentation
- Christmas cup on wheels presentation
- Supper in the townies bar after racing
- Everyone welcome to join up for the end of year drink & pizza

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ENTER NOW

South Coast Cycling

Jayco City of Holdfast Bay Cycling Championships 26 December 2009

- Senior Straight line sprints
- State Women Criterium Championships
- Senior M/W Graded Criteriums
- Junior M/W Graded Criteriums

Enter on line or See Ken Gooding tonight

South Coast Cycling club Sponsors and supporters.

desunley.com.au













Join South Coast Cycling

To give a Christmas present to the Carer's of Malawi.

Bicycle ambulance - \$296

In Malawi, there are no flashing lights and sirens when these Bicycle Ambulances transport the sick, but that doesn't make them any less effective. As a mode of transport, they're effective, practical and with your help, cheap to get on the road!

So put some power behind these carers and help them get others to hospital in a practical way.

How does this gift help?

A bicycle ambulance for the Blantyre District Health office will safely transport expectant mothers and chronically ill patients to the nearest health centre. "By making it possible for many people to access district health services earlier and more easily, [bicycle ambulances] contribute to improved quality of life both for those who need treatment and the volunteer carers who get them there." Bridgette Thorold, Southern Africa Program Coordinator,

Oxfam Australia. - OXFAM UNWRAPPER

Raffle will be held to raise the money along with the donations and profit from the BBQ.

Prizes include a Panasonic CD stereo system, Wine, Christmas hamper.

Raffle will be drawn on the 18/12/2009



http://www.oxfamunwrapped.com.au/

IGA Cyclo Sportif

Volunteer's needed

For the IGA Cyclo Sportif @ Snapper Point on Sunday 20 December. We are in need of volunteers to assist with the event. If you are able to assist please see Catherine or email cawaite@bigpond.com.

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MISSING SIGN

Dave Knight kindly made and donated a sign to promote Friday night Edwardstown Track racing which Scott Bradley securely fixed to the fence. The club was grateful for the effort and assistance we receive from Dave & Scott. However sadly we have discovered this sign is now missing – IF any one knows the where about's of this sign please come and see Catherine/Ken.

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REMINDER Licence Renewal

As the festive season approaches please be reminded that you need to renew your Cycling Australia licence before the 31st of December 2009 if you haven't already done so. Please see your club secretary for membership forms or renew your licence on line http://members.cycling.org.au

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Register for SCC Summer Season of racing to receive a FREEBIE

**FREE – "Be Active" bag, Polar Drink bottle, discount voucher from pursuit performance, KFC voucher and other various promotional products and information leaflets. **get in quick limited numbers





IGA Cyclo Sportif

Register Now for the IGA Cyclo Sportif Series Purchase a Cycling Australia Recreational Licence* with either Port Adelaide Cycling Club or South Coast Cycling

Get your Captain to name your Team & Riders (minimum five or a maximum of nine riders) – nomination forms on Cycling SA web page

Rounds	Date	Time	Location
Round-1	Sun 6 Dec 09	TBC	Williamstown
Round-2	Sun 20 Dec 09	TBC	Snapper Point
Round-3	Sun 17Jan 2010	TBC	West Lakes
Round-4	Sun 7 Feb 2010	TBC	Willunga The Range
Round-5	Sun 7 March	TBC	Williamstown
	2010		
Round-6	Sun 11 April	TBC	Willunga The Range
	2010		

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Ride Like Crazy 2010

Ladies and Gentlemen

I am a member of the South Australia Police Special Tasks and Rescue (STAR) Group.

In October 2008, Senior Sergeant Mick "Crazy" Koerner was diagnosed with an inoperable brain tumour. In an effort to assist Crazy and his family, I established a cycling event called **Ride Like Crazy**. On 22 January 2009 more than 600 riders took part in the event, raising \$80,000 for the Mick Koerner Foundation.

Due to the overwhelming success of Ride Like Crazy, South Australia Police has adopted the ride as an annual community event.

Ride Like Crazy 2010 will continue the event's legacy of promoting the fight against cancer, with all profits going to cancer related charity.

The event will be conducted on January 17 2010, immediately preceeding the first event of the Tour Down Under which will be held that afternoon.

Within the next couple of days I will forward you an "invitation" to the event.

I would greatly appreciate it if you could forward it on to the members of your respective clubs (and friends/workmates etc) Our aim is to make this one of "The events" that people talk about.... I can be contacted at any time via email or on the number below.

Kind Regards

Brevet Sergeant Dave Scutchings Ride Like Crazy 2010

E ridelikecrazy@police.sa.gov.au W www.ridelikecrazy.com

South Coast Cycling club Sponsors and supporters.













