

South Coast Cycling

Club email
Web page
Face book

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EDWARDSTOWN 9 OCTOBER 2009 NEWSLETTER

South Coast Cycling

Track Racing E/townTonight

Roller Frenzy

SCC & PACC will be holding a Roller Derby after SCC Track Racing tonight up in the Townies Bar

Enter tonight by 7pm

COST: CA members \$8 seniors /juniors \$5
non members \$12 seniors/\$8 juniors

Be Active Series

Friday October 16, 23 and 30

Nominated by 6pm - Racing Starts at 6.15
Seniors /U19 \$10 Juniors \$5.00



Government of South Australia
Office for Recreation and Sport



Register for SCC Summer
Season of racing to receive
a FREEBIE

** By completing and returning a SCC Summer Track Cycling registration form and entering a Friday night SCC Club Track racing event SA Cycling members will receive.

**FREE – “Be Active” bag, Polar Drink bottle, discount voucher from pursuit performance, KFC voucher and other various promotional products and information leaflets. **get in quick limited numbers



Try Track Cycling....

First Friday of each month from Oct – March SCC will hold come and try track cycling session from 5 – 6pm
Cost \$5, loan bike available.

South Coast Cycling Club wish

to thank Tessa Manning and Aimee

Alsbury for the great photo's that

Catherine has use to advertise the

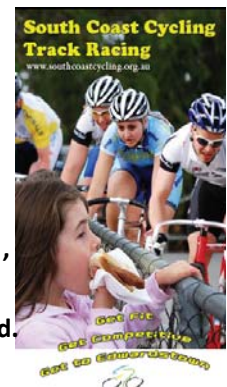
SCC Summer Program of Track

Cycling and also thanks to the

models in the photo's Leanne Ward ,

Gemma Kernich, Luke Betros

Alana Haansbergen & Tony Brennand.



Cycling rides & events ...

National Ride to Work Day
14 October 2009

National Ride to Work Day is an opportunity for businesses, organisations and communities to increase the numbers of people riding to work by having them register and participate in the National Ride to Work Day event.



Amy's Ride Sunday 1 November –
Register Now

Get your registration in now to receive an official ride jersey. First 3,000 to register will receive the Amy's Ride "A Metre Matters" jersey with 3/4 zip.

Ride the Expressway
Challenge Yourself

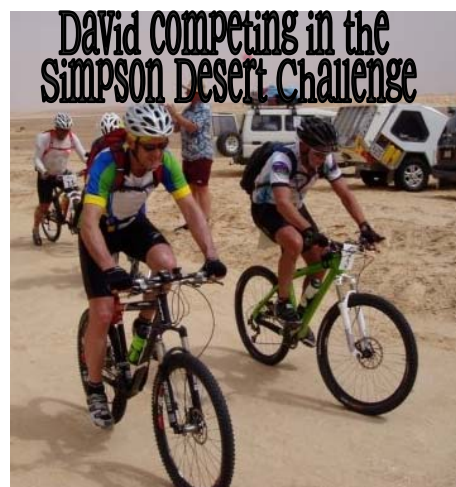
Raise Money for the Amy Gillett Foundation



South Coast Cvclica club Sponsors and supporters.



What some of the officials and riders having been doing during the winter season



Coming Events in October

- 🏍 11 Oct - Rendition Homes Teams Series Race 1
- 🏍 13 Oct - Norwood CC Open Criteriums
- 🏍 14 Oct - Kilkenny Cycling Club Track Racing
- 🏍 **16 Oct - South Coast Cycling Track Racing**
- 🏍 17 Oct - 2009 National Sprint Grand Prix + Support Races
- 🏍 18 Oct - Junior Criterium
- 🏍 19 Oct - UCI Track Cycling Masters World Championships
- 🏍 20 Oct - Norwood CC Open Criteriums
- 🏍 21 Oct - Kilkenny Cycling Club Track Racing
- 🏍 **23 Oct - South Coast Cycling Track Racing**
- 🏍 25 Oct - Rendition Homes Teams Series Race 2
- 🏍 27 Oct - Norwood CC Open Criteriums
- 🏍 28 Oct - Port Adelaide Cycling Club Track Racing
- 🏍 **30 Oct - South Coast Cycling Track Racing**

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