

South Coast Cycling

Club email
Web page
Face book

secretary@southcoastcycling.org.au
southcoastcycling.org.au
www.facebook.com/group.php?gid=19152478395



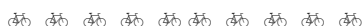
EDWARDSTOWN 12 FEBRUARY 2010 NEWSLETTER



Corsa Cycle Centre Series Final round 19 Feb

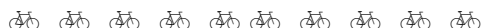
Steve and Michele at Corsa Cycle Centre, realise the perfect ride is not just about the bike. Component selection, bike position and good health also contribute greatly to the perfect ride. Corsa Cycle Centre workshop uses environmentally friendly products enabling future cyclist enthusiasts to also experience the Perfect Ride.

182 Gouger Street, Adelaide Ph. 8221 5068
corsacyclecentre@bigpond.com



International Riders come to local club racing

Edwardstown velodrome hosted international riders at the South Coast Cycling clubs Feb 5. As 4 riders from the Korean National team joined in with the local track riders in the Corsa Cycle Centre series competition.



Interclub Championships featuring the Adelaide Cup on Wheels handicap

Monday March 8th Start 9 am
Seniors \$15 Juniors \$10

Proposed program: Events & team combinations may change due to entries and time permitting

1 lap time trial

Team Sprint

Team Pursuit

Scratch Race

Adelaide Cup on Wheels Handicap

Club Team combinations: (U11/13) (U15/17), (U19/Open Men)
(Women U19, Open, Masters) (Master Men)

Nominate: by 5 March on the South Coast Cycling web page or at club racing – see Catherine

South Coast Cycling Club
Clothing
Jersey \$65
BB Nicks \$85.00

Please see Catherine if you wish to purchase or order club clothing



Coming Events South Coast Cycling Track

CORSA CYCLES CENTRE SERIES

February 19

STANDISH UNLEY CYCLES SERIES

February 26 March 5, 19, 26

GENERAL TRAINING Session

March 12

**INTERCLUB CHAMPIONSHIPS &
ADELAIDE CUP ON WHEELS**

Monday March 8



If you have not completed a SCC registration form and received your free Be Active Bag please see Catherine ASAP



South Coast Cycling

Weekend Away

Everyone Welcome ...

May 7 – 9



Camp Willochre Melrose @ the base of Mount Remarkable



Come along and enjoy the fresh air, start your road season training, relax next to the pool or join in mountain bike rides, bush walk along the various trails take part in the activities that will be organised for the entire family.

The weekend away is open to Cycling SA members, families and friends to attend. Fully catered and transport can be arranged from Adelaide.

Melrose is located approx 2 ½ hours north of Adelaide, via Clare (Main North Road), or up highway 1, and turning at Port Germein to cross the ranges.

COST - adults \$75 U18 \$60

If you would like to register or have any questions, please email cawaite@bipgond.com

