

South Coast Cycling

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EDWARDSTOWN 19 MARCH 2010 NEWSLETTER

Standish Cycles Unley

PRESENTATION

26 March

TOWNIES BAR



Standish Cycles Unley Series

**LAST WEEK of Edwardstown for the
2009/10 Season March 26**



Standish Cycles Unley is today a specialist cycling store, with all staff having extensive experience within the industry. They offer the complete range of Specialist Mountain, BMX, triathlon and road bikes, plus an extensive range of accessories and clothing, supported by after sale service and repairs.

Shop 1, 290 Unley Rd, Hyde Pk Ph, 82719733 scu@senet.com.au

Grants from ASC & OfW of up to \$10,000 to Develop Female Sporting Leaders

Applications are now open for the 2010-11 round of the Australian Sports Commission (ASC) and the Australian Government Office for Women (OfW) Sports Leadership Grants and Scholarships for Women. The grants, jointly funded by ASC and OfW are looking to develop more Australian women in leadership and decision making roles in sport. For more information, please see the [Australian Sports Commission website](http://www.australian-sports-commission.gov.au).

COMING EVENTS ...

- 21 Mar - Cycling SA State J19/Elite Criterium Champ
- 24 Mar - PACC Track Racing
- 26 Mar - South Coast Cycling Track Racing
- 28 Mar - NCC Criteriums
- 3 Apr - Allan Smith Road Race
- 10 Apr - Cycling SA State Road Time Trial Championships
- 11 Apr - IGA Cyclo Sportif
- 14 Apr - Port Pirie Pura Light Start State Masters Games
- 15 Apr - Rydges-BellCity Australian Masters Track Championships
- 16 Apr - Port Pirie Pura Light Start State Masters Games

South Coast Cycling Clubs Annual General Meeting

It be held at Anthony & Catherine Braithwaite's

Sunday 28th March 2010

4: 00 pm

All members & partners / parents of junior's, are invited & very welcome.

If you could RSVP to assist in catering.
to, the club [email](mailto:scu@senet.com.au).



Weekend Away

Everyone Welcome ... May 7 – 9

Camp Willochre Melrose @ the base of Mount Remarkable
www.diowillochra.org.au

Come along and enjoy the fresh air, start your road season training, relax next to the pool or join in mountain bike rides, bush walk along the various trails take part in the activities that will be organised for the entire family.

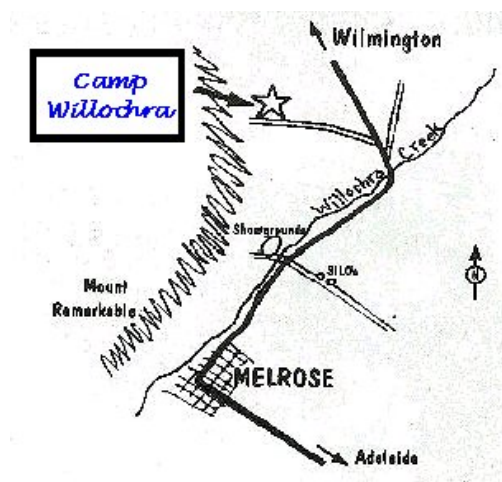
The weekend away is open to Cycling SA members, families and friends to attend. Fully catered and transport can be arranged from Adelaide.

Melrose is located approx 2 ½ hours north of Adelaide, via Clare (Main North Road), or up highway 1, and turning at Port Germein to cross the ranges.

If you would like to register or have any questions, please email cawaite@bigpond.com

ACCOMMODATION - Jubilee Wing has 8 rooms with bunk beds for 6 people in each room. All rooms have an en-suite and are carpeted. This wing also contains a kitchenette and a meeting room with easy chairs. Bannon Wing has 4 rooms with Bunk beds for 6 people in each room. All rooms have an en-suite and are carpeted. American Wing is an older style building with 6 rooms which each accommodate 4 people. Showers and toilets are situated at the end of this building under the same roof. Dining room and modern kitchen (the weekend will be fully catered for). Gas fired barbecue Swimming pool. Bishop Jones Memorial Hall, for games and other activities and large area for sport and activities

There's approximately 25km of single track around Melrose plus many more in the nearby districts of Jamestown, Laura, Wirrabarra and Wilmington. Some of the tracks are built on private land but are freely available to the public Loops such as Greener Pastures and Hellrose have become famous for their extreme amounts of fun and frivolity.



No room to pack your own bike? No problem. Over the Edge rental bikes are better than ever. No old bangers here - these bikes are top of the range. You get to try out some of the best bikes around. Have you felt how easy it is to glide over rocks on a Spot 29 incher?!! They also supply basic Avanti hardtails for those who just want to cruise the town history tour and the easier tracks.

AND Bartagunyah is a top spot for a lot of different activities. There are yabbies to catch and hills to climb and little waterfalls in hidden corries. Views across to Spencer Gulf and the back of the Mount The trails are on 2400 acres of private property

