

South Coast Cycling

Club email
Web page
Face book

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EDWARDSTOWN 19 FEBRUARY 2010 NEWSLETTER



Corsa Cycle Centre Series Presentation tonight

Steve and Michele at Corsa Cycle Centre, realise the perfect ride is not just about the bike. Component selection, bike position and good health also contribute greatly to the perfect ride. Corsa Cycle Centre workshop uses environmentally friendly products enabling future cyclist enthusiasts to also experience the Perfect Ride.

182 Gouger Street, Adelaide Ph. 8221 5068
corsacyclecentre@bigpond.com



The Port Adelaide Cycling Club has organized for its 125th Birthday to be celebrated with a Criterium event to be held on the 28 February 2010 at Senna Rd, Wingfield. A copy of the course location is available at <http://www.bikely.com/maps/bike-path/Port-Adelaide-Cycling-Club-Wingfield-Criterium-Course>

Entry will be a gold coin only and sign on by 8.45.

Prize money for first 3 riders in - A,B,C,D and Juniors with additional prizes for first unplaced lady and first unplaced Masters riders in each grade.

It is proposed that a special Criterium training ride will be conducted to enable any recreational license holders who may turn up, to ride with an experienced rider and gain some insights into the skills required to ride such a Criterium event. The PACC committee is encouraging recreational license holders from all clubs to attend.



Interclub Championships featuring the Adelaide Cup on Wheels Wheelrace

Monday March 8th

10 am Seniors \$15 Juniors \$10

**Proposed events 1 lap time trial / Team Sprint /
Sr Team Pursuit / Scratch Race / Handicap**

Club Team combinations (U11/13) (U15/17), (U19/Open Men)

(Women U19, Open, Masters) (Master Men)

**Nomination by 5 March on South Coast cycling web page or at
club racing**

**Proposed program – events & team combinations maybe changed
All subject to entries and time permitting**

Coming Events

**South Coast Cycling Track
STANDISH UNLEY CYCLES SERIES**

February 26 March 5, 19, 26

**INTERCLUB CHAMPIONSHIPS &
ADELAIDE CUP ON WHEELS**

Monday March 8



**Salisbury Council Backing
Cycling ~ Sunday 21 Feb**

A carnival of cycling including the final round of the Rendition Homes Teams Series at Salisbury Town Centre

On Sunday the 21st of February 2010 the Salisbury Town Centre will come alive from about 8.30 in the morning to 2 pm. The morning kicks off with Olympic Gold Medallist and the Rendition Homes Teams Series leader Brett Aitken taking kids for a leisurely ride around the Salisbury circuit.

This will be followed at 10am by Junior Cycling SA members strutting their skills followed by graded crits for seniors, with E Grade's race starting at 11am.

At 1pm it's the final round of the Rendition Homes Teams Series for the 2009-10 season.

****note the standard Hot Weather Policy regarding race cancellation will not apply to this event. Racing may be modified on the day to suit the weather conditions.****

Come and experience some great racing and a day of family fun on a new closed criterium circuit.

If you have not completed a SCC registration form and received your free Be Active Bag please see Catherine



South Coast Cycling

Weekend Away

Everyone Welcome ...

May 7 – 9



Camp Willochre Melrose @ the base of Mount Remarkable



Come along and enjoy the fresh air, start your road season training, relax next to the pool or join in mountain bike rides, bush walk along the various trails take part in the activities that will be organised for the entire family.

The weekend away is open to Cycling SA members, families and friends to attend. Fully catered and transport can be arranged from Adelaide.

Melrose is located approx 2 ½ hours north of Adelaide, via Clare (Main North Road), or up highway 1, and turning at Port Germein to cross the ranges.

COST - adults \$75 U18 \$60

If you would like to register or have any questions, please email cawaite@bigpond.com

