South Coast Cycling

Club email Web page Face book secretary@southcoastcycling.org.au southcoastcycling.org.au

www.facebook.com/group.php?gid=19152478395



NEWSLETTER - SEPTEMBER 2010

Track Racing Season is almost Here!

Have you been down to Friday Night track racing at Edwardstown velodrome to watch the fantastic racing or to enjoy the social aspect or intend to have fun racing ? If so, your club needs YOU for the coming 2010 – 2011 season.

We need more people to volunteer their time to help the club run the Friday night racing — if you can help out for either the racing program — assist with nominations prior to racing — help out on the bbq- or help out with new riders setting them up on bikes or showing the ropes of riding the track.

Please put your hand up!

From counting down laps or helping with judging on the finish line, taking race nominations and handing out race numbers South Coast Cycling club needs YOU!

Without volunteers the racing wouldn't happen and we need more volunteers to help spread the load. Oh and you don't need to be a SA Cycling member to help out – anyone can chip in and give a hand!

Please if you are able to help please email the club or Catherine Braithwaite cawaite@bigpond.com

Please volunteer to help out – we would appreciate your help – ie to cook the bbq once a month



Club Clothing

 Short Sleeve Jersey
 \$65.00

 Knick
 \$80.00

 Bib 'n brace
 \$85.00

 Skin suit
 \$125.00



Cycling rides & events ...

Ride the new Northern Expressway

Cycling South Australia, along with Central Districts Cycling Club, the Department for Transport Energy and Infrastructure and Aecom are conducting a community ride on Sunday the 12th of September and a handicap race.

The community ride is due to start at 12.30pm and is only a gold coin donation to enter. All donations will go towards the development of junior cycling in South Australia. The start of the ride will be under the bridge at Port Wakefield Road (near the International Raceway). Car parking will be available near the start.

Come and ride along the Northern Expressway to Hillier Road where the participating riders will be turned around to ride back to Port Wakefield Road. There will be no traffic on the Northern Expressway while the community ride is happening.

The Cycling SA handicap race Entries close ONLINE at approx 11:30pm on Wednesday 8 September, or call Marie on 0411 952 217 to arrange your entry the old fashioned way. ENTER ONLINE NOW.

The event will be open for senior riders of all grades and Under-19's. This will be a cracker of a race and we want as many riders as possible to take part!

The handicap Northern Expressway (Cup) Cycle Challenge will carry around \$5,000 in prize money.

South Coast Cycling club Sponsors and supporters.













What some of the officials and riders having been doing during and over the last couple of months







David Parsons Wins Alphutte Classic

Sean Hennessy and Renee Braithwaite racing at Dinner Plains

Hector Fletcher

John Allison winner of Senior D Grade Matthew Holmes 2^{nd} in B Grade Juniors Patrick Page 2^{nd} in C Grade Lyndoch

Michaela TAMLIN 2nd in the juniors

Congratulations to

Samantha FROMENTIN, Matthew HOLMES and Kelly ROSE

who all won silver medals at the recent Cycling SA Road Championship @ Williamstown

Cyclo Sportif

There are 8 dates on the CSA web site Licence fee is \$126 If you wish to be involved please contact the club by email

Edwardstown Track Racing commencing Friday 8 October 6.15

2011 licences start next Monday if any members family or friends would like to join.

Family memberships are available 2 elite + 2 juniors or 1 elite + 3 juniors. – please refer to the club web site for more details or email the club secretary@southcoastcycling.org.au









