South Coast Cycling

Club email Web page Face book secretary@southcoastcycling.org.au southcoastcycling.org.au

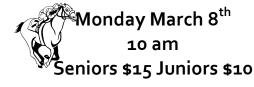
www.facebook.com/group.php?gid=19152478395



EDWARDSTOWN 26 FEBRUARY 2010 NEWSLETTER

Interclub Championships featuring the

Adelaide Cup Wheelrace.....

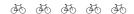


Proposed events 1 lap time trial / Club
Team Sprint /
Sr Team Pursuit / Scratch Race /
Handicap

Club Team combinations (U11/13) (U15/17), (U19/Open Men) (Women U19, Open, Masters) (Master Men)

Nomination by 5 March on South Coast cycling web page or at club racing Proposed program – events & team combinations maybe changed

All subject to entries and time permitting



Coming Events

- 26 Feb South Coast Cycling Track
- 28 Feb Norwood CC Club Criteriums
- 28 Feb Pt Adelaide 125 ys B'day Crit
- 3 Mar Port Adelaide Cycling Club Track
- 5 Mar South Coast Cycling Track Racing
- 7 Mar IGA Cyclo Sportif
- 7 Mar Norwood CC Club Criteriums
- 8 Mar South Coast Cycling Interclub Champs & Adelaide Cup on Wheels
- 10 Mar Port Adelaide Cycling Club Track
- 12 Mar Cycling SA Elite, Masters & U19 Track Championships
- 19 Mar South Coast Cycling Track Racing

Standish Cycles Unley

Series

Friday February 26, March 5, 19, 26



Standish Cycles Unley is today a specialist cycling store, with all staff having extensive experience within the industry. They offer the complete range of Specialist Mountain, BMX, triathlon and road bikes, plus an extensive range of accessories and clothing, supported by after sale service and

repairs. Shop 1, 290 Unley Rd, Hyde Pk Ph,

82719733 scu@senet.com.au

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Australasian Schools Cycling Cup, the "Tour de France" for schools.......

3 -days of competition 23 ~ 25 Mar 2010

The ASCC is an opportunity for your school to compete in a professionally conducted, multi-discipline competitive cycling event.

Students can enter as many or as few events as they want, however, the more students in your team and the more events they enter will assist your school to collect the overall Peter Bartels Perpetual Trophy.

- BMX (Shepparton)
- MTB: Cross Country and Down Hill (Mt Major)
- Road Racing; Individual and Teams Time Trial; (Dookie); Hill Climb (Mt Major)

For further information go to http://www.schoolscyclingcup.com.au













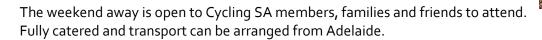
Interclub Championships featuring the Adelaide Cup Wheelrace.....

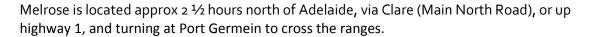
Email address	
will be attending the Interclub Championships & Adelaide Cup on Wheels	

Weekend Away Everyone Welcome May 7 – 9

Camp Willochre Melrose @ the base of Mount Remarkable

Come along and enjoy the fresh air, start your road season training, relax next to the pool or join in mountain bike rides, bush walk along the various trails take part in the activities that will be organised for the entire family.





COST - adults \$75 U18 \$60

If you would like to register or have any questions, please email cawaite@bigpond.com

Presenters and Assessors for Coach Training Programs in 2010

Cycling Australia, BMX Australia and MTBA are looking for expressions of interest from potential presenters and assessors for delivering Coach Training Programs in 2010.

Applications are requested to present and assess on the CycleSkill, Level 1 BMX, Level 1 Mountain Bike and Level 1 Road & Track Coach Training Programs.

Ideally, prospective presenters/assessors will have a presenter/assessor qualification and be an accredited coach in the relevant discipline. However, applications will be welcomed from those wishing to go through training to meet the presenter/assessor criteria.

For further information, please contact Brendan Moriarty, National Coaching & Development Manager: brendan.moriarty@cycling.org.au.











