South Coast

Club email Web page Face book secretary@southcoastcycling.org.au southcoastcycling.org.au

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EDWARDSTOWN 26 MARCH 2010 NEWSLETTER

Tonight racing concludes another Great Season of Track Racing @ Edwardstown velodrome.

Thank you to everyone who has helped out this season

SPECIAL BIG THANKS to

Sponsors

St John volunteers

Keith & Pauline

Ken Gooding

Renee Braithwaite

Roger Blackwell

Anthony Braithwaite

And everyone else who has assisted

COMING EVENTS ...

- 28 Mar NCC Criteriums
- 3 Apr Allan Smith Road Race
- •10 Apr Cycling SA State Road Time Trial Championships
 - 11 Apr IGA Cyclo Sportif
- •14 Apr Port Pirie Pura Light Start State Masters Games
- •15 Apr Rydges-BellCity Australian Masters Track Championships
- •16 Apr Port Pirie Pura Light Start State Masters Games

Facts for the South Coast Cycling Clubs 2009 -2010 Edwardstown Season we have had 6 riders compete in every series

Kyle Franson
Chris Spence
Bryan McIntyre
Bradley Ward
Tessa Manning
Naomi Hallandal

124 riders have ridden over the 5 series not including the fantastic Open Track Australia Day event and the club Adelaide Cup /Interclub event.













Weekend Away Everyone Welcome ... May 7 – 9

Camp Willochre Melrose @ the base of Mount Remarkable www.diowillochra.org.au

Come along and enjoy the fresh air, start your road season training, relax next to the pool or join in mountain bike rides, bush walk along the various trails take part in the activities that will be organised for the entire family.

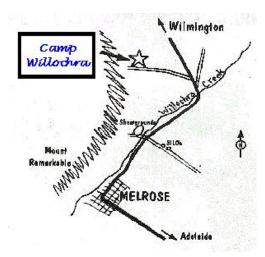
The weekend away is open to Cycling SA members, families and friends to attend. Fully catered and transport can be arranged from Adelaide.

Melrose is located approx 2 ½ hours north of Adelaide, via Clare (Main North Road), or up highway 1, and turning at Port Germein to cross the ranges.

If you would like to register or have any questions, please email cawaite@bigpond.com

ACCOMMODATION - Jubilee Wing has 8 rooms with bunk beds for 6 people in each room. All rooms have an en-suite and are carpeted. This wing also contains a kitchenette and a meeting room with easy chairs. Bannon Wing has 4 rooms with Bunk beds for 6 people in each room. All rooms have an en-suite and are carpeted. American Wing is an older style building with 6 rooms which each accommodate 4 people. Showers and toilets are situated at the end of this building under the same roof. Dining room and modern kitchen (the weekend will be fully catered for). Gas fired barbecue Swimming pool. Bishop Jones Memorial Hall, for games and other activities and large area for sport and activities

There's approximately 25km of single track around Melrose plus many more in the nearby districts of Jamestown, Laura, Wirrabarra and Wilmington. Some of the tracks are built on private land but are freely available to the public Loops such as Greener Pastures and Hellrose have become famous for their extreme amounts of fun and frivolity.



No room to pack your own bike? No problem. Over the Edge rental bikes are better than ever. No old bangers here - these bikes are top of the range. You get to try out some of the best bikes around. Have you felt how easy it is to glide over rocks on a Spot 29 incher?!! They also supply basic Avanti hardtails for those who just want to cruise the town history tour and the easier tracks.

AND Bartagunyah is a top spot for a lot of different activities. There are yabbies to catch and hills to climb and little waterfalls in hidden corries. Views across to Spencer Gulf and the back of the Mount The trails are on 2400 acres of private property











