

South Coast Cycling

Club email
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EDWARDSTOWN 3RD DECEMBER 2010 NEWSLETTER

South Coast Cycling Track Racing Results 26 Nov

Heart Starter

Jr 1 - J. Hogan, B. Ward, J. Alison, B. Knobben
Jr 2 Heart Starter - B. Grant, C. Thomas, T. Manning
Jr 3 Heart Starter - J. Lee, N. Hallandal, L. Ward

Sr A Grade - P. Sanghoon, A. King, D. Miller, S. Narae
Sr B Grade - R. Reichett, P. King, P. Lechelt, B. McIntyre
Sr C Grade - T. Brennand, A. Grant, K. Mason, G. Kernich
Sr D Grade - J. Alison, C. Holmes, D. Milne, B. Knobben

Handicap

Junior - L. Ward, C. Thomas, T. Manning, B. Knobben.

Sr A Grade - M. Young, S. Hallandal, B. Mtso, L. Stevens
Sr B Grade - M. Ward, I. Cox, B. McIntyre, D. Symons
Sr C Grade - A. Grant, G. Kernich, K. Mason, T. Brennand
Sr D Grade - P. Deverell, B. Knobben, B. Cox, C. Holmes

Junior Team Sprint

1:46.43 - J. Lee, T. Manning, C. Thomas, B. Knobben, J. Hogan
1:51.41 - B. Ward, L. Ward, J. Alison, B. Grant, N. Hallandal

Senior C/D Team Sprint

1:44.35 - G. Kernich, B. Cox, B. Knobben, D. Milne.
1:47.22 - P. Deverell, J. Alison, K. Mason, T. Brennand, A. Grant.

Senior B Team Sprint

1:15.14 - R. Reichett, B. McIntyre, I. Cox, C. Spence.
1:18.38 - D. Symons, P. King, M. Ward, P. Lechelt

Senior A Team Sprint

1:29.29 - B. Mtso, K. Hyunst, S. Narae, R. Chaekyung, P. Sanghoon
1:33.93 - M. Young, S. Hallandal, A. King, L. Sevens, D. Miller

Scratch Race

Junior 1- B. Grant, C. Thomas, T. Manning
Junior 2 - L. Ward, J. Lee, N. Hallandal

Sr A Grade - P. Sanghoon, A. King, R. Chaekyung, S. Hallandal
Sr B Grade - B. Ward, P. Lechelt, I. Cox, J. Hogan
Sr C/D Grade - T. Brennand, J. Alison, G. Kernich, D. Milne

South Coast Cycling coming events.....

Christmas Cup on Wheels 10 December

Fun and games for everyone
Edwardstown Velodrome



City of Holdfast Bay Cycling Championships

Graded Senior & Junior
Criterium +

Senior Straight line Sprints
26 Dec 9am – Glenelg

Enter on line or see Ken at
Edwardstown racing

HELPERS NEEDED FOR 26 Dec:
Setting up, Sign on, BBQ, straight
line sprint holders, Traffic marshall,
cleaning up

PLEASE EMAIL the CLUB or speak to
Ken or Catherine

South Coast Cycling club Sponsors and supporters.



Built Environs Cyclo Sportif

Rounds	Date	Time	Location
Round-2	5 Dec	10am	The Range
Round-3	9 Jan	10am	Williamstown
Round-4	30 Jan	10am	The Range
Round-5	20 Feb	10am	Williamstown
Round-6	13 March	10am	The Range
Round-7	27 March	10am	Williamstown
Round-8	17 April	10am	The Range

Once again SCC will be raising money to purchase a Bicycle Ambulance ... through Oxfam Unwrapped

In Malawi, communities can be 30km from the nearest health centre. Families have to carry sick patients on a bicycle or a wheelbarrow all the way to the hospital, which is both dangerous and slow. Your gift of a bicycle ambulance for the Blantyre District Health Office will safely transport expectant mothers and chronically ill patients to the nearest health centre.

“The bicycle ambulance is helping us a lot, especially when it comes to pregnant women.

Before we received this bicycle ambulance, some pregnant women delivered on the way to the hospital, and such a thing is dangerous as complications can arise.” Grace Lihembe, Community-Based Child Care Centre Chairperson, Malawi.



If you have items that we can raffle or ideas to raise the \$296 needed to purchase a bicycle ambulance – please see Ken or Catherine

Through your help we will be able to help a great cause, as this humble bike saves thousands of lives every year.

SA Cycling Events

- 🚲 4 Dec - State J19 Elite Masters Track Championships
- 🚲 5 Dec - Built Environs Cyclo Sportif #2
- 🚲 10 Dec – Christmas Cup on Wheels South Coast Cycling Club Track
- 🚲 12 Dec - PACC Breakfast Club Summer TT
- 🚲 17 Dec - South Coast Cycling Club Track
- 🚲 18 Dec - State J19 Elite Masters Track Championships
- 🚲 26 Dec - The City of Holdfast Bay Cycling Championships



To everyone who has helped at racing over the last couple of weeks

& if you can keep helping that would be FANTASTIC

& if we are always happy to have the assistance of others so if you are able to help out at racing please come and see RENEE or CATHERINE as there are many jobs that we would appreciate help with

Cycling Words Of Wisdom

“You will lose more races with your head than you do with your legs “

“When all else fails – Attack “

“Never do your competitors work for them “

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