

# South Coast Cycling

## EDWARDSTOWN 5 NOVEMBER 2010 NEWSLETTER

Club email  
Web page  
Face book

secretary@southcoastcycling.org.au  
southcoastcycling.org.au  
www.facebook.com/group.php?gid=19152478395



## Corsa Cycle Centre Series

**Nov 5 & 12 –  
due to the Rain !!!!**



**182 Gouger Street, Adelaide  
Phone 08 8221 5068  
Fax 08 8221 5086**

**[corsacyclecentre@bigpond.com](mailto:corsacyclecentre@bigpond.com)**

At Corsa Cycle Centre, Michele and Steve realise the perfect ride is not just about the bike.

Component selection, bike position and good health also contribute greatly to the perfect ride.

Corsa Cycle Centre Service workshop uses Environmentally friendly products enabling future cyclist enthusiasts to also experience the Perfect Ride.

### Opening Times

Monday 9 – 5.30  
Tuesday 9 – 5.00  
Wednesday 9 – 5.30  
Thursday 9 – 5.30  
Friday 9 – 6

## Amy's Ride 2010

**Sunday 7 November 2010**

100KM / 60KM / 30KM / 25KM ADELAIDE TO MCLAREN  
VALE ALONG THE SOUTHERN EXPRESSWAY

Start: 8:30am Flinders University,  
9:15am O'Halloran Hill - 25km ride only

**\*\*\* Don't forget free 15min Massages are available in  
the big Marquee \*\*\***

### GEAR UP GIRL SA

**Sunday 28 November 2010**

**9am, Elder Park, Adelaide**

*"A ride just for women"*

Coming TRACK Cycling Events ....

- 12 Nov - South Coast Cycling Club – E/town
- 13 Nov - Central Districts Cycling Track Night
- 19 Nov - South Coast Cycling Club – E/town
- 26 Nov - South Coast Cycling Club – E/town
- 3 Dec - South Coast Cycling Club – E/town
- 3 Dec - State J19 Elite Masters Track Champ

### HELP NEEDED

**Catherine (me) is off to Christmas Island.  
So I will miss racing on the Nov 19 & 26  
(fingers crossed I will be back on 3 Dec )**

**So please be gently with Renee who will  
be running the racing and if you can help  
out with judging / lap scoring ECT  
It will be appreciated**

**South Coast Cycling club Sponsors and supporters.**



## GET ON YOUR BIKE AND RIDE LIKE CRAZY!

[Ride Like Crazy](#) is a mass participation cycling event held on Sunday 16 January 2011, to raise funds for nominated charities and promote road safety. With more than 800 riders already registered, why not [join them](#)? There will be family fun activities at the finishing area including Police Band, BBQ, Mac Rescue Helicopter and masseuses for the riders! To find out more, and to make a donation online

## Nominate your favourite cyclist of 2010

The [Scody People's Choice Cyclist of the Year](#) award is on again and it's your chance to nominate your favourite Australian cyclist of 2010.

The [Scody](#) People's Choice Cyclist of the Year will be presented at the [Jayco 2010 Australian Cyclist of the Year Awards](#) on Sunday 5 December 2010.

Have your say on who should win the award.

BMX, MTB, Road or Track, if they're an Australian racing cyclist registered with Cycling Australia they're eligible for your vote.

## An Event Down South

THE BIKE STATION SWAP MEET ON NOVEMBER 28 Nov AT THE REAR OF THE SHOP IN THE CAR PARK .....RING NOEL TO LET HIM KNOW YOU WILL BE THERE! 8296 6011

352 BRIGHTON ROAD HOVE. ALL WELCOME BRING YOUR OWN TABLE.....  
8 AM TO 12 PM

Bike Station NEEDS trader to make this really happen so if any one has old bits and pieces they want to offload then please let Tim know and he will have a table for you

ITS A FREE FOR ALL. To attend – traders and buyers Tim is trying to create an annual community cycling event and is giving traders/ cycling hoarders the opportunity to offload their stuff . HIT facebook VELO SWAP or email to BOOK a table '6 still available' Tim Saunders 0412 301 964

## Traffic Marshal Course (NORTH) not so close for those who live South

CSA are putting on 2 traffic marshal courses. Monday 15<sup>th</sup> & 29<sup>th</sup> November at 7pm in the VIP room  
The courses should run for about ½ hour.

This will give your people accreditation in being a traffic marshal.

For Cyclo Sportif we only require corner marshal's, however this might be an opportunity for people to get accredited as traffic marshals even if they are not helping out at Cyclo Sportif.

If you have anyone that would like to attend can they please either ring the CSA office on 8260 1800 or email Genine on [genine.hallandal@cycling.org.au](mailto:genine.hallandal@cycling.org.au)

