



Newsletter

2 December 2011

Club email secretary@southcoastcycling.org.au

Web page southcoastcycling.org.au

South Coast Cycling

2011-2012 Summer Track Season UPCOMING EVENTS

2/12

Buzz Massage (Juniors .Masters only)
+ Presentation @ Townies after

9/12

King of Bling Event

16/12

Christmas Cup on Wheels

23/12 No Racing

26 Dec - See Boxing Day Crits

6/1

Buzz Massage

Track Racing Friday nights sign on 5.30 - 6pm
Racing starts @ 6.15pm Seniors \$10 Juniors \$5

Come n Try Track Cycling - last Friday of
each month (except Jan) - 5 - 6pm

Edwardstown Club Rooms open - last
Friday of each month (except Jan)

SCC Needs You

Do you enjoy watching the fantastic racing or enjoy the social aspect? If so we need YOU! We need more people volunteer their time to help SCC run the Friday night racing - if you can help out please put your hand up! Oh and you don't need to be a SCC member to help out - anyone can chip in and give a hand!

*If you are able to help please
see Renee or Ken*

2/12

- BBQ –[vacant]
- Sign on – Kym / Paris
- Commentator – Anthony
- Commissaire – Ken
- Helpers[vacant]

9/12

- Commissaire – Gemma
- **Helpers needed** – Please see Ken

16/12

- BBQ –[vacant]
- Sign on – Ken
- Commentator – Anthony
- Commissaire – Ken
- Helpers[vacant]

South Coast Cycling Club
City of Holdfast Bay

Criterium Championships &
Straight Line Sprint

Monday 26th Dec Adelphi Tee Glenelg

Men's Championship Criterium
Senior /U19 Men A - D Graded criterium
Women's Mayor Trophy Criterium including
Cycling SA State Women Championship
Junior Graded Criterium
Senior Straight line Sprints

Everyone is welcome to join us after racing **tonight** for the Bicycling Australia Series Presentation and Nibbles in the football club Townies bar.

Thankyou to Bicycling Australia for sponsoring the November series.

For subscription to Bicycling Australia Magazines, go to:

www.bicyclingaustralia.com



UPFRONT BIKES

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Is there a Bike and Beer lover that you need to buy a present for?

Check out this Stubby holder.

Orders taken now for delivery
16 December

See Renee to place order



www.bicyclingaustralia.com

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Renee – A Qualified and professional Remedial Massage Therapist, specialists in Remedial, Sports, Deep Tissue and Relaxation Massage.

December Special

With less than 25 days til Christmas, why not spoil yourself?

Take some time out of Christmas shopping to relax.

Relaxation Massage
1 hour \$50 - limited dates available
Call Renee to book in now

Gift Certificates also available for Christmas

Private Health Fund Rebates available

Ring 0402 045 237 for appointment

Christmas Cup on Wheels

Friday 16 December

Come join the fun

Events include (subject to negotiation)

- Christmas cup on wheels wheelrace
- Backwards Race
- LeMans Start

AND the Christmas parade

Dress yourself / bike up for the Christmas parade