



SOUTH COAST CYCLING

EDWARDSTOWN Track Racing Newsletter 9 Nov 2012

Club email
Web page

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REMINDERS

- Parking your bike at Edwardstown Velodrome, lean your bike on the outside of the fence. Do not hook your handlebars over the fence as this creates a dangerous situation for those on the track. Try not to lean your bike on others' as they might have trouble getting theirs out when they need to.
- Always look before crossing the track, as slower riders may still be finishing a race or trying to access the gate to leave the track
Parents please supervise your children
- NEVER ride more than two abreast during warm up
- IN WARM UP and RACING - The faster rider is responsible for passing safely. Slow riders are responsible for riding straight allowing faster riders to pass predictably. NEVER try to get out of the way of a faster rider. **Maintain a straight line.**
- Ride the track, as if you are directly responsible for the safety of all other riders on the track, pay attention to what other riders are doing.
- Make sure you bring appropriate attire to keep comfortable in between races.
- Use the time in between your events wisely!
- At SCC Edwardstown racing there are heaps of friendly people to chat to and to get helpful advice, or watch the other events on to learn from other riders' tactics and to cheer riders on.

COMING EVENTS

SSC -BUZZ Massage Series
9 & 16 Nov

PACC SPRINT Series
21 Nov

SAPSSA Cycling Championships
22 Nov E/town

Whyalla CC
24 & 25 Nov

SSC - KING of BLING Series
30 Nov & 7 Dec

BUZZ MASSAGE

Renee Hennessy
Remedial Massage Therapist
Based @ O'Halloran Hill

AAMT Member
Private Health Fund Rebates available
Mobile Massage available*

Cupping Therapy Coming



Soon to Buzz Massage



UPFRONT BIKES 





ROUBAIX

The first "Roubaix" velodrome was built in 1895 in Croix by two Roubaix mill owners, Messrs Vienne and Pérez. Interestingly, this velodrome hosted the first Paris-Roubaix events as well as bull fights! The facility, located close to the Barbieux Park, was a 333.33 m cement velodrome with a 37° incline.

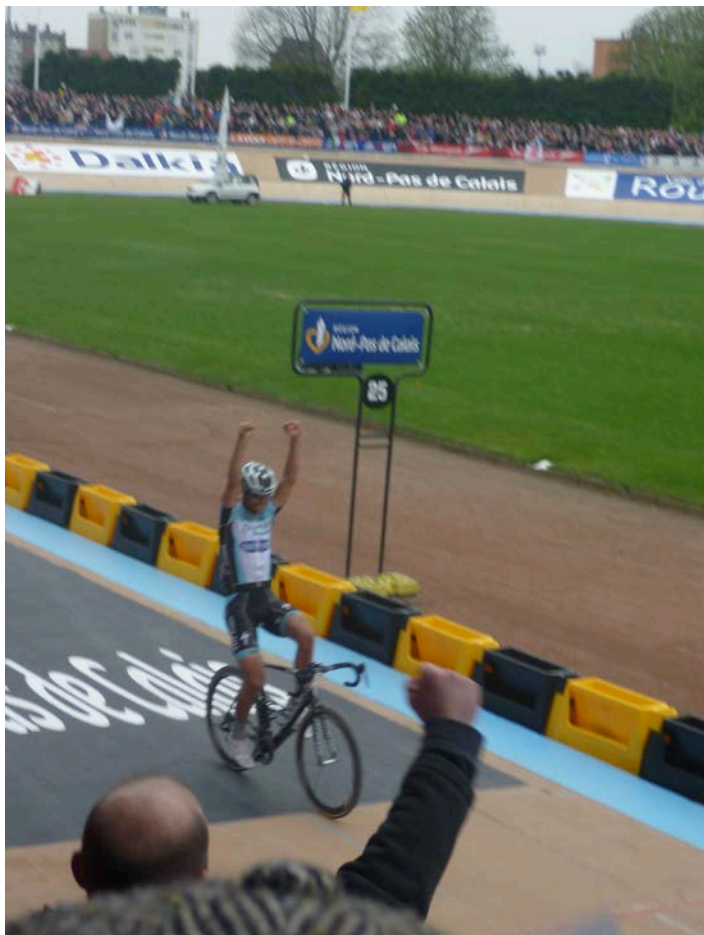
It underwent a complete renovation in 1910 to accommodate a wooden track with bends at a 45° incline and covered stands for 10,000 spectators! Unfortunately, the wooden track disappeared at the outbreak of the First World War, with the wood probably being used for heating during the war and the velodrome was finally destroyed in 1924.

The André Pétrieux velodrome is the one which everyone today knows as the "mythical" arrival velodrome of Paris-Roubaix. This velodrome was opened in 1936 in the grounds of Roubaix Sports Park. From 1943 to date, it hosted the Paris-Roubaix event as well as two French track cycling championships in 1966 and 1971. This velodrome measures 500 m in length with two bends at a 37° incline.

Created at the request of the city of Roubaix, the Nord-Pas de Calais Regional Council and its public partners decided to build in 2006 a new 250 m wooden indoor velodrome in the grounds of Roubaix Sports Park. The construction of this velodrome began in December 2010 and the first stone was laid on the 19th of February 2011. This velodrome, which will be one of the best national facilities, will open its doors in 2012 to welcome the general public and top level athletes in the fields of track cycling and badminton. This facility will also have seminar rooms, a weights room and a recovery area.

1896 was the very first edition of this great race first won by the German Josef Fischer. Riding an oversized heavy bike, almost hard to fathom, to win. I understand the Roubaix Velodrome is the third since 1943.

Paris – Roubaix 2012
Photos Courtesy of Renee Hennessy



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