



SOUTH COAST CYCLING

EDWARDSTOWN

Track Racing

Newsletter 30 Nov 2012

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Results collator Catherine Braithwaite

23 Nov SCC Edwardstown Track Racing Results

- Sr A/B Grade Heart Starter** – S. Hennessy, M. Gregory ,
A. Rendoulis , K. Franson, A..Satchell
- Sr C Grade Heart Starter** – A. Gwiawdzinki, M. Ward, I. Dashorst,
T. Brennard
- Sr D Grade Heart Starter** – S. Harris, P. Fountas, B. Browden ,
S. Young
- Sr Team Sprint A/B Grade-** M. Young Team
Sr Team Sprint C/D Grade- M.Ward Team
- Sr A Grade Keirin** –S. Hennessy, M. Gregory, K. Franson
M.Young ,A..Satchell
- Sr B Grade Keirin** - A. Rendoulis, B. Fitzhenery, A.Harrland,
C. Franson
- Sr C Grade Keirin** – A. Gwiawdxinki,,M. Ward, I. Dashorst,
T. Brennard
- Sr D Grade Keirin** – S. Young, S. Harris, B. Bowden , P. Fountas
- Sr A/B Grade Motor pace** – A. Rendoulis , K. Franson,
S. Hennessy, B. Fitzhenery
- Sr C/D Grade Motor pace** – A. Gwiawdxinki, M. Ward, S. Young,
S. Harris
- Jr Div W– Heart Starter** - Thoams , Mathew, Natasha , Samuel
- Jr Div G - Heart Starter** – A. Cutts, L. Prider, J. Fitton, W. Cootes
- Jr Div R– Heart Starter** - M. Balis , P. McIntosh , O. Wilson,
Slater
- Jr Div Y– Heart Starter** – M. Ireland, C. Thomas, I. Nicholas,
Drizner
- Jr 1 Team Sprint** – M. Balis Team
Jr 2 Team Sprint –Thomas & Grace Team
Jr 3 Team Sprint – T. Manning Team
- Jr H/cap Div 2–** J. Fitton, T. Slater, M. Balis, O. Wilson
- Jr H/cap Div 3** - Kyle A. Cutts, I. Nicholas, T. Manning
- Jr H/cap Div 1** – Grace, Natasha, Thomas , Matthew
- Jr White – Motor pace** - M. Balis, P.McIntosh ,Thomas , T. Slater,
Jr Green – Motor pace - M. Ireland, C. Thomas , A. Cutts, I. Nicholas

COMING EVENTS

KING of BLING Series
7 Dec

**Christmas Cup on Wheels &
Presentation – Buzz Massage &
King of Bling**
14 December

BUZZMASSAGE

Renee Hennessy
Remedial Massage Therapist
Based @ O'Halloran Hill

AAMT Member
Private Health Fund Rebates available
Mobile Massage available*

*Thank you to Bron
& Tania for cooking
the BBQ last week
– your help is much
appreciated*



UPFRONT BIKES 



Give Hope this Christmas

World Vision



Bicycles provide girls with a safe ride to school. A bicycle for a girl - \$100

A bicycle for a girl can help provide her with a safe and speedy ride to school.

<http://trans.worldvision.com.au/Gifts/Default.aspx>



Come & Try Coach Renee Hennessy

February 2005

- SA State Cycling Track Team

April 2004

- SA State Cycling Track Team - Australian Champs
- Bronze - Women's Scratch Race

August 2003

- Junior World Track Championships Moscow, Russia
- 6th Scratch Race, 8th Points Race

May 2003

- Australian Junior Cycling Track Team

April 2003

- SA State Cycling Track Team
- Australian Championships, Gold- Scratch Race,
- Gold- Points Race, Silver- Individual Pursuit

January 2003

- Australian Youth Olympic Cycling Team
- Gold-Point Score, Gold-Scratch Race
- Bronze -Individual Pursuit

2002 – December 2003

- SASI Scholarship Holder
- Junior Female Athlete of the Year
- Cyclist of the Year

January 2001

- Australian Youth Olympic Cycling Team



Australian Youth Olympic Festival

“Braithwaite's second gold”

Adelaide's Renee Braithwaite collected her second gold medal of the AYOF with a dominant performance in the women's 20km points race at the Dunc Gray Velodrome.

Braithwaite amassed 25 points by winning four of the eight sprints contested and placing second in one and third in another. She was well clear of Canberra's Jessie MacLean, 17, who claimed three sprint wins and finished on 16 points. The bronze medal went to Meg Windsor, 17, of Bathurst who finished the 80 lap event with 11 points.

Braithwaite, 17, last night won the women's scratch race event and is now favourite for a third gold medal when she contests tomorrow morning's criterium on the outdoor circuit. She also claimed a bronze medal in the women's 2km individual pursuit on the first day of competition.

Braithwaite was a 12 year old BMX rider when she was invited to compete at a South Australian primary school track cycling carnival in 1996.

"I won everything on offer at the carnival and as a result I was invited to race in the U/17 division at the South Australian State Titles," said Braithwaite who despite being the youngest in the field also dominated there. "I was a competitor in the 2001 AYOF and I was pretty much the youngest in the field so it was great experience for me."

She missed out on a medal in 2001 but has more than made up for it this time around and her ride in the points race demonstrated great tactical maturity.

http://autobus.cyclingnews.com/road/2003/jan03/jnr_olympics03/?id=day3