



SOUTH COAST CYCLING

Newsletter 23 March 2012

Club email secretary@southcoastcycling.org.au
Web page southcoastcycling.org.au

Last night of SCC 2011 – 12 track season

30 March End of Season Track Cycling
+ Presentation in the Football club
Rooms after racing

182 GOUGER STREET ADELAIDE

●8221 5068

WWW.CORSACYCLECENTRE.COM



UPFRONT Bikes

UPFRONT BIKES 

Shop 7-47-67 Main South Rd
O'Halloran Hill

www.upfrontbikes.com/page3.php

Position Vacant

Do you want to be involved in SCC Track racing? An opportunity awaits for an energetic volunteer/s to take on the position/s of SCC Track racing event organiser for 2012 – 2013 season

No experience needed

Duties include but not limited to

- Setting the program , grades & handicapping the riders for racing Friday nights Oct – March
- Publish weekly newsletter
- Securing sponsorship
- Promoting SCC track events
- Organising the BBQ each week
- Officiating at track racing
- Sending result to the Sunday Mail
- Completing CC Report
- Recruiting volunteers
- Prepare result and prize money for presentation
- Maybe called upon to take nominations
- Responding to email and phone calls
- Attend committee meetings
- Organising Public Holiday track racing events

Email EOI to email@southcoastcycling.org.au

AWAY FROM 17/3 – 19/4, BACK TO WORK 23 APRIL

BUZZ MASSAGE

* AAMT Member

* Remedial Massage Therapist

* Specialising in Sports & Deep Tissue Massage

* Private Health Fund Rebates available

Renee: 0402 045 237

Based @ O'Halloran Hill, S.A

Corsa Cycle Center Series pts 16 March

Roseneath Organics

Kyle	Franson	92	Alan	Orrock	79
Bradley	Ward	91	David	Radzikiewicz	66
Daniel	Symons	49	Richard	Morton	63
Scott	Hallandal	32	Yvette	Browne	61
Sean	Hennessy	97	David	Milne	57
Carla	Franson	74	Monique	Jones	56
Richard	Lam	64	Leanne	Fleming	55
Mark	Gregory	58	John	Symons	32
Bryan	McIntyre	55	Charlotte	Bellman	29
Michael	Young	54	Don	Taylor	29
Peter	Lechelt	54	Isabella	Dashorst	25
Paul	King	30	Brogan	Salai	25
Dean	Bottrill	26	David	Schutz	24
Chris	Spence	25	Sean	McKay	59
Alan	Harland	25	Michael	Chaffey	33
Robert	Gaggini	92	Samara	Farrell	32
Paul	Zalkauskas	90	Ben	Davis	30
Tony	Brennand	59	Cameron	Waters	56
Elliott	Walker	100	Alex	Cutts	51
Isabella	Kelly	97	Josh	Fitton	51
Lillian	Kelly	85	Sarah	Cutts	50
Lachlan	Prider	83	Naomi	Hallandal	45
Lewis	Walker	78	Tim	Lennon	45
Tessa	Manning	74	Che	Thomas	30
Dan	Tattersall	73	Zack	Gilmore	30
Derek	Radzikiewicz	71	Brandon	Rosworth	26
Phillip	McIntosh	71	Michelle	Lennon	23
Oliver	Wilson	58	Jonathan	Stephens	20

Slow Release Rub Slow Release Formulation Acts in approx 4 min Encourages Deep Tissue Repair Up to 8 Hours Pain Relief	100gm	\$22.50
	500gm	\$69.95
FAST Acting Spray Fast Acting Formula No Rub- in Required Actions is Almost Immediate Effective Relief for Boney Areas	125ml	\$17.50
	500ml	\$45.00
DEEP Relief Oil Deep Penetration Formula Acts in approx 2 Minutes Both Warming and Cooling Combine with Slow Release Rub Combine with Body Oil	50ml	\$22.50
	500ml	\$135.00
Melissa Oil Full Strength Infused Oil ,For Irritation and Agitation ,For Insomnia and Anxiety Aids Neuralgia and Nerve Pain	125ml	\$19.95
Emerging World Scar Serum Fruit Enzyme Exfoliant , Breaks Down Dead Protein ,Improves Skin Penetration Softens Hard Scar Tissue , Smoothes and Tones , Encourages Healing	50ml	\$29.95
Emerging World Scar Serum Oil For Damaged Skin and Stretch Marks Elasticizes and Feeds , Mixed Fatty Acids for Tissue Repair , Rejuvenating Essential Oils , Encourages Rapid Healing	50ml	\$29.95
Emerging World Skin Feast Lotion Highly Anti-oxidant , Regenerative on Tissue Helps Balance Skin Sebum Useful for Acne Management	250ml	\$27.50
Cold Score Salve Broad Spectrum Anti – viral , l-lysine and Fatty Acids, Encourages Rapid Healing, Stops the itch	20gm	\$14.50
My Life Olive Leaf Extract Mandarin Contains 0.9 gms/ml Leaf Extract Made Using Hot and Cold Extracts Natural Mandarin Flavour ,No Added Sugar or Alcohol	200ml	\$22.50
My Life Happy Tummy Tonic Balances Liver Function ,Aids Digestion and Reflux ,Fights Parasites and Worms Feeds Healthy Micro-Flora	200ml	\$22.50
Dream State Insomnia Spray Aids Relaxation Encourages Deeper Sleep Reduces Sleep Awakening ,Essential Oils	50ml	\$27.50
For Orders email Buzz Massage@bigond.com Orders will be delivered 30 March 2012		

