



E-town News



2015-2016 SUMMER

NOVEMBER 13, 2015

Time Trials 06/11/15

1/2 lap

Sophie 37:19

1 lap

Heather May 43:46

Noah Davies 41:67

Elliott Walker 40:73

Ethan Birrane 46:89

Jacob Currie 54:01

Zac Marriage 47:53

Dan Tattersall 44:58

Grady Mik 40:56

Lee-Anne Fleming 48:34

Tim Marriage 43:07

Chris Spence 40:89

Anthony Foundas 42:22

Robert Wallis 44:11

Andrew Welch 40:89

Richard Tormet 43:20

Tessa Manning 43:60

David Miller 36:41

Alex Gwiazdzinski 38:03

Paul King 41:12

Michael Young 40:17

Ted Wyeld 40:53

Paul Fountas 41:13

Sean Hennessy 35:85

David Radzikiewicz 35:96

Peter Lechelt 37:48

Matthew Ireland 39:16

Jarred Currie 40:34

Che Thomas 39:05

Simon Eglinton 37:12

Richard Lam 39:54

Results: South Coast Cycling 06/11/15

Heart Starters

Senior A: D. Miller, S. Hennessy, P. Lechelt, D. Radzikiewicz

Senior B: S. Eglinton, B. McIntyre, T. Wyeld, R. Lam

Senior C: C. Spence, R. Tormet, T. Marriage, T. Manning

Senior D: L. Fleming, R. Wallis

Junior 1: Z. Marriage, E. Birrane, J. Currie

Junior 2: E. Walker, N. Davies, H. May

Junior 3: D. Tattersall, G. Mik

Handicaps

Senior A: P. Fountas, M. Ireland, C. Thomas, S. Hennessy

Senior B: R. Lam, T. Wyeld, S. Eglinton, B. McIntyre

Senior C/D: C. Spence, T. Manning, R. Wallis, A. Foundas

Junior: Z. Marriage, E. Birrane, J. Currie

Italian Pursuits

Senior A/B: Team Front 2:15:16; Team Back 2:13:21

Senior C/D: Team Back 1:42:74; Team Front 1:47:45

Junior: Team Front 1:22:42 ; Team Back 1:24:74

Scratch Races

Senior A/B: S. Eglinton, P. Lechelt, S. Hennessy, J. Currie

Senior C/D: A. Welch, T. Marriage, L. Fleming, T. Manning

Studies have shown that riding a bicycle everyday makes you more awesome than the general population.



your eCards
someecards.com

Results can also be found on the SCC web page and Facebook page, and published in the Sunday Mail and The Advertiser.

Ever thought of becoming a Commissaire?

As a sport that is essentially driven by a volunteer base, Cycling South Australia and its clubs are continually looking for new people to assist on helping out with various roles and responsibilities.

'Commissaires' are the officials or umpires of the sport of cycling. If you enjoy watching the sport of cycling, or just want to help out when you're not racing, becoming a Commissaire is a great way to get close to the action as well as helping out the sport you love!

The Cycling Australia Technical Commission has recently introduced an entry level Commissaires Course. The 'Club Level' (Level 1) course is designed to skill and accredit people to act as officials at club races.

It's a great way to learn about the rules and regulations of cycling and will provide clubs with valuable support to ensure events are conducted in a safe and fair manner.

To gain your Level 1 Commissaire accreditation, follow these steps.

1. Read the Program Manual (PDF) carefully. The manual can be downloaded via the CSA website: <http://sa.cycling.org.au/Get-Started/Officiating-at-CSA/Become-a-Commissaire>.
2. Answer all the questions relating to the manual (True & False and Short answer)
3. Send the completed Commissaire Workbook in via email to

secretary.techcomm.csa@cycling.org.au

or post to CSA Office marked "Attention: Technical Commission".

On successful completion of the Commissaire workbook, participants will be requested to complete a short practical assessment component, during which qualified Commissaire assessors watch you as you perform your role in competition to ensure that you are able to perform your role effectively.

You can be assessed at Edwardstown track racing as Catherine Braithwaite is a qualified Commissaire level 1 assessor.

Source: CSA website



Series presentation in Townies Bar next Friday!



Government of South Australia
Office for Recreation and Sport

be active.