

Tonight's Program – Sprint Night - Friday October 28th...Thanks to Southbound Mega Gym

- Little Trackeez handicap
- Junior & Senior Grades Heart Starters
- Little Trackeez Flying 100m
- Junior & Senior Grades Flying 200
- Little Trakeez handicap
- Junior & Senior – Sprint Derby
- Junior & Senior Grades – Wheel Race
- Junior & Senior Grades – Keirin

So we can maximize the daylight we have at this stage of the calendar ...

- BE READY TO LINE UP PROMPTLY WHEN IT'S YOUR TURN TO RACE – which means get onto the track – quickly!!!
- EXIT THE TRACK IMMEDIATELY AFTER YOUR RACE IS DONE – 1 lap is enough after you finish your race

October 21st Results

Heart Starter Senior A – J. Hogan, S. Eglinton, L. Walker, D. Radzikiewicz.

Heart Starter Senior B & C – I. Nicholls, M. Chaffey, M. Steel, G. Kanki_Knight.

Heart Starter Senior D – S. Harris, R. Tornett, D. Milne, L. Fleming.

Heart Starter Junior 1 – N. Davies, E. Walker, A. Johnson.

Heart Starter Junior 2 – H. May, T. Siama, H. Nicholas, T. Wight.

Heart Starter Junior – J. Currie, S. Wight, G. Currie.

Little Trackies 1/2 lap Handicap – G. Chaffey, S. Lennon, H. Durston.

1 Lap Time Trial – Juniors – N. Davies – 37.72, T. Siama – 39.38, A. Wight – 40.01, H. May – 40.31, E. Walker – 40.45.

H. Nicholas – 42.32, T. Wight – 42.64, A. Johnson – 42.90, S. Johnson – 43.68, J. Currie – 51.46.

S. Wight – 55.63, G. Currie – 57.42.

Little Trackies – S. Lennon – 1:10.77, H. Durston – 1:19.28, G. Chaffey – 1:36.06.

Senior Flying 200m - S. Eglinton – 12.36, J. Hogan – 12.54, D. Miller – 12.57, P. Lechelt – 13.04, L. Walker – 13.05,

D. Radzikiewicz – 13.08, M. Ireland – 13.15, A. Gwiazdzinski – 13.25, R. Lam – 13.32,

B. McIntyre – 13.37, A. Schumacher – 13.40, I. Nicholls – 13.56, S. Hennessy – 13.68,

M. Steel – 13.71, P. Fountas – 14.09, G. Kanki_Knight – 14.35, M. Young – 14.37, S. Harris – 14.78,

D. Tattersall – 15.30, R. Tornett – 15.45, D. Milne – 15.88, G. Kernich – 15.89.

N. Chaffey – 17.07, L. Fleming – 17.11.

Senior A Grade Lightning Handicap – A. Gwiazdzinski, B. McIntyre, P. Fountas, M. Young.

Senior B & C Grade Lightning Handicap – R. Lam, G. Kernich, M. Chaffey, M. Steel.

Senior D Grade Lightning Handicap – R. Tornett, L. Fleming, D. Milne, N. Chaffey.

Junior Lightning Handicap – T. Siam, H. Nicholas, H. May, S. Wight.

Little Trackies Handicap – S. Lennon, G. Chaffey, H. Durston,.

Senior A Scratch Race – J. Hogan, L. Walker, A. Schumacher, S. Eglinton.

Senior B & C Scratch Race – M. Steel, D. Tattersall, I. Nicholls, M. Chaffey.

Senior D Scratch Race – S. Harris, D. Milne, N. Chaffey, L. Fleming.

Junior Scratch Race – N. Davies, E. Walker, A. Johnson.

Junior Scratch Race – H. May, T. Siam, E. Walker, N. Davies.

Junior Scratch Race – J. Currie, G. Currie, S. Wight.

SCC E'Town Season Awards/Consistency Points (to be named properly – got any ideas?)

Ok it's up & running – points have been calculated from the start of the season. We have 3 categories = Little Trakeez, Juniors & Seniors. 20 points if you race or volunteer for the evening. Each category will typically get 3 races included from the program for each night that accrues bonus points. 1st 4 place getters get 7, 5, 3 & 1 bonus points. Add them all up over the complete season to see who gets to do a lot of bragging.

After 3 rounds the top 3 for each category are:-

Little Trakeez				Juniors				Seniors		
Lennon	Sophie	117		Currie	Jacob	99		Schumacher	Alex	94
Chaffey	Gemma	78		Nicholas	Hugh	87		Eglinton	Simon	90
Dixon	Lauren	59		Johnson	Shelby	82		Nicholls	Isaac	90

The website & other media we use will have the totals put up each week - have a look & see how you are going.

Track Training

South Coast CC has made a strong commitment to providing training for newbies & experienced riders alike. We have a great venue at our disposal & the club has invested time & money in having a number club members become qualified coaches. There are 2 weekly sessions in place...

Monday nights from 5.00-6.30pm for novices & inexperienced riders

Wednesday nights from 6.00-7.30pm (5.30pm warm ups) for seniors & invited juniors

See webpage for more info on training here...

<http://southcoastcycling.org.au/track-season-2016-17/track-training-information/>

Edwardstown Friday Night Photos

Junior racing photos are available for Christmas. A great present for family members alike. If you want some please supply a NAMED, NEW OR EMPTY USB stick by December 2nd 2016. Please speak to Liz Young at Sign On table for any information regarding photos. Liz & Mick do a great job for Friday night photos at the track – thank you both we love your work.

Send us an email email@southcoastcycling.org.au

Club Website: <http://southcoastcycling.org.au>

Facebook: **South Coast Cycling Club**

Twitter: **@SthCoastCycling**.