

Tonight's Program – Friday November 25th... South Coast Cycling Omnium Rd3

- Little Trackeez Handicap
- Junior & Senior Grades Heart Starters
- Little Trackeez – Italian Pursuit
- Junior Grades – Italian Pursuit
- Senior Grades – Individual Pursuit (Omnium Event)
- Little Trackeez Time Trial
- Junior & Senior Grades - Handicap
- Junior Grades – Elimination Races (Omnium Event)
- Senior D Grade – Elimination Races (Omnium Event)
- Senior C / B Grade Scratch Races
- Senior A Grade – Elimination Races (Omnium Event)

So we can maximize the daylight we have at this stage of the calendar ...

- BE READY TO LINE UP PROMPTLY WHEN IT'S YOUR TURN TO RACE – which means get onto the track – quickly!!!
- EXIT THE TRACK IMMEDIATELY AFTER YOUR RACE IS DONE – 1 lap is enough after you finish your race

November 18th Results – Paul King Plumbing Series

HHeart Starter Senior A – A. Schumacher, D. Radzikiewicz, A. Gwiazdzinski, J. Currie.

Heart Starter Senior B – S. Hennessy, D. Drake, M. Young, M. Chaffey.

Heart Starter Senior C – D. Kubilius, S. Harris, D. Slater, T. Manning.

Heart Starter Senior D – D. Milne, L. Fleming, N. Chaffey.

Heart Starter Junior 1 – H. May, K. Tidswell, E. Walker, T. Siama.

Time Trial – S. Lennon – 1:09.49, L. Crick – 1:12.28, N. Fountas – 1:15.34, G. Dixon – 1:31.92, G. Chaffey – 1:34.00, A. Monaghan – 1:40.40, O.

Managhan – 1:44.01, L. Dixon – 1:44.22, T. Edwards – 2:29.28.

Little Trackies Handicap – L. Crick, S. Lennon.

Little Trackies Handicap – N. Fountas, L. Dixon, G. Chaffey, G. Dixon.

Sprint Derbies – Juniors & Seniors – all rode well (too many to list here – have a look on SCC web site)

Italian Pursuit Senior Team

02:53.98 – L. Fleming, S. Harris, D. Radzikiewicz, D. Slater, D. Kubilius, B. McIntyre, P. Fountas, J. Currie.

02:59.37 – N. Chaffey, D. Milne, P. Marrone, S. Hennessy, T. Manning, M. Chaffey, D. Drake, A. Gwiazdzinski, A. Schumacher.

Junior B Team Italian Pursuit

01:57.75 – E. Birrane, E. Sibley, B. Johnson, H. May, E. Walker, L. Walker.

01:59.24 – E. Walker, T. Kohn, K. Tidswell, E. Coulter, T. Siama, D. Tattersall.

Italian Pursuit Junior Team

01:36.78 – H. Nicholas, N. Fountas, L. Slater.

01:44.24 – G. Currie, N. Crick, W. Mathwin, A. Buckby.

Little Trackeez Handicap

– G. Dixon, L. Dixon, N. Fountas, G. Chaffey, T. Edwards, O. Managhan, S. Lennon, L. Lennon, L. Crick.

Senior A & B Motor Pace – A. Schumacher, S. Hennessy, D. Radzikiewicz, B. McIntyre.

Senior C & D Motor Pace – D. Kubilius, P. King, P. Marrone, T. Manning.

Junior Motor Pace – K. Tidswell, E. Walker, T. Siama, S. Johnson.

Junior Scratch Race – H. Nicholas, J. Currie, L. Slater.

Boxing Day Crits/Straight Line Sprints – Boxing Day is only 6 weeks away – this is one of the highlights on the Cycling Calendar in Adelaide. We are very lucky to be able to race on the closed street circuit at Glenelg near the Buffalo. We are proud to offer races for all ages & abilities – there are Women Only Races & we are keen to get as many Women riding as possible. Nominations are open on-line – go to our web page/see the link on our facebook & twitter pages. A link will be up soon on the CSA calendar also. We get fantastic support from City of Holdfast Bay. Did you know that the Boxing Day crits are also a major part of the yearly Bay Sports Festival. Here is the link to nominate...

<https://eventdesq.sportstg.com/index.cfm?fuseaction=main&EventDesqID=21278&OrgID=8734>

SCC Loan Bikes

SCC has made a considerable investment in purchasing & maintaining lots of track bikes we have available for use. Please note that one of the benefits of being an SCC member is that you get to use the loan bikes for free & as an SCC member you will always be given 1st preference. If you are not an SCC member you are also more than welcome to use the loan bikes but there will be a \$5 charge to non-members – but please note SCC members will always have 1st dibs.

Track Training

Numbers have been strong at our 2 weekly sessions in place...Monday nights from 5.00-6.30pm for novices & inexperienced riders
Wednesday nights from 6.00-7.30pm (5.30pm warm ups) for seniors & invited juniors. See webpage for more info on training here...

<http://southcoastcycling.org.au/track-season-2016-17/track-training-information/>

SCC E'Town Season Awards/Consistency Points – as mentioned we are trying something a little different with a season long points series. SCC riders there will be an award exclusive to you as part of the series. More news soon.

SENIOR			
Schumacher	Alex	A	195
Eglinton	Simon	A	154
Radzikiewicz	David	A	154
Hennessy	Sean	B	168
Chaffey	Micheal	B	157
Drake	Dan	B	140
Harris	Shane	C	194
Slater	David	C	187
King	Paul	C	122
Milne	David	D	182
Chaffey	Nicole	D	173
Fleming	LeeAnne	D	160

JUNIOR		
Currie	Jacob	228
Currie	Grace	181
Nicholas	Hugh	169
Johnson	Shelby	160
Birrane	Ethan	150
May	Heather	145
Coulter	Ewan	131
Walker	Elliott	120
Kohn	Tessa	119
Walker	Lewis	113
Buckby	Alex	112
Siana	Tia	110

TRAKEEZ		
Chaffey	Gemma	140
Lennon	Sophie	120
Dixon	Georgia	80
Dixon	Lauren	80
Durston	Holly	80
Monaghan	Annabelle	80
Monaghan	Owen	80
Crick	Libby	60
Fountas	Nicholas	40
Edwards	Tabitha	20
Mathwin	Eleanor	20

Pictures of E'Town racing Liz & Mick Young do a great job providing pictures each week of the action at Etown. For Juniors & Little Trakeez only at this stage - If you would like copies of original pictures (free of charge) – Liz & Mick are happy to provide these of yourself or your kids racing. Please give Liz a USB with your name on it by December 2nd & get the pics loaded up for you. Print out & framed the pics would make some nice for Xmas presents.



Time to shout out to our sponsors for this season – we are very appreciative for the support from **SOUTHBOUND MEGA GYM & PAUL KING PLUMBING**.

We all need plumbers – give Paul a call for your plumbing work needs – he is a great supporter of cycling in Adelaide.

SOUTHBOUND MEGA GYM has an open day on December 3rd so why not go in & check it out.

SCC has also sponsored the Omnium Series which continues this week & we are happy to put some goodies into the prize pool.

Only 4 weeks until the Christmas Cup on Wheels – lock it in & dress up your bike. There will be presentations after racing that night on December 16th before we all take a short break from track until the new year.

NEED TO CONTACT SCC ?

- Email: email@southcoastcycling.org.au
- Club Website: <http://southcoastcycling.org.au>
- Facebook: **South Coast Cycling Club**
- Twitter: **@SthCoastCycling**