South Coast Cycling club Adelaide Cup on Wheels

12 March 2018

















To ensure a smooth running program riders please be ready for your race. (FOLLOW the PROGRAM), know your marks and have a handler organised for your Wheelrace and Handciap race. Officals will not be holding up events for late comers.

REMEMBER Riders and Spectators -Slip , Slop , Slap and Drink plenty of Water

Please thank and support the race sponors - Adelaide Bike Fit and Bicycling Australia photos thanks to Mic & Liz Young

RACE 1. Little Trackies Time Trial 1 Lap

	86	Holly Durston	South Coast
	87	Sophie Lennon	South Coast
	88	Jordi Fountas	South Coast
	89	Nicolas Fountas	South Coast
	90	Peter Earl	South Coast
	91	Maxwell Williams	South Coast
	92	Molly Opperman	Central Districts
	93	Caleb Van Wezel	South Coast
	94	Cooper Beggs	South Coast
1/3	95	Miles Hennessy	South Coast

Time	56.58
Time	55.49
Time	72.81
Time	67.81
Time	59.41
Time	53.71
Time	86.57
Time	63.12
Time	56.87
Time	33.73



RACE 2 . Senior C/D Grade Heart Starter (4 laps)

D Grade

30	Chris Spence	Port Adelaide
31	Shane Harris	South Coast
32	Ken Little	Central Districts

34	Bronwyn Dolman	Port Adelaide
36	Jenna Bennett	Tasmania

C Grade

23	Paul King	Central Districts
24	Emma Seeliger	Kilkenny
33	Hamish McLean	South Coast

25	Paul Fountas	South Coast
26	Gemma Kernich	Port Adelaide

D Grade	1st Chris Spence	2nd Bronwyn Dolman	3rd Ken Little
C Grade	1st Emma Seeliger	2nd Paul Fountas	3rd Paul King

RACE 3. Senior B Grade Heart Starter (5 laps)

14	Michael Young	Port Adelaide
15	Heather May	South Coast
16	Isaac Nicholls	Kilkenny
17	Lee Stevens	Riverland
18	David Gomer	Norwood

20	Seth Gilbert	South Coast
21	Madeleine Steele	Port Adelaide
22	Joshua Dean	Central Districts

1st Michael Young 2nd Heather May 3rd Seth Gilbert

RACE 4. Senior Heart Starter - A Grade (5 laps)

1	1	Lewis Walker	South Coast
2	2	Sean Hennessy	South Coast
3	3	Bryan McIntyre	South Coast
4	1	Mathew Franks	Port Adelaide
5	5	David Radzikiewicz	South Coast

6	Jarrod Currie	South Coast
7	James Kelly	Norwood
8	Matthew Ireland	Kilkenny CC
9	Ryan Beggs	South Coast

1st Sean Hennessy 2nd Bryan McIntyre 3rd David Radzikiewicz

South Coast club catering has cold drinks and sausage sizzle



RACE 5. Junior C Grade Heart Starter (4 laps)

61	Annabelle Kelly	Norwood
62	Ewan Landman	South Coast
63	Niel Van Niekerk	Mount Gambier
64	Inneke Beggs	South Coast
65	Harry Blackburn	South Coast
66	Grace Currie	South Coast

67	Wil Holmes	South Coast
68	Codi Winter	Central Districts
69	Angus Corbet	South Coast
70	Binuk Kulathunga	Kilkenny
71	Jamie Anderson	South Coast

1st Wil Holmes 2nd Annabelle Kelly 3rd Jamie Anderson

RACE 6. Junior B Grade Heart Starter (4 laps)

51	Hugh Nicholas	South Coast
52	Jacob Currie	South Coast
53	Jack Wisbey	Whyalla
54	Cooper Warren	South Coast
55	Luka Elliston	Scotch College

56	Kai Pallich- Vega	Central Districts
57	Tyler Stevens	Riverland
58	Harrison Opperman	Mt Gambier
59	Eloise Sandow	Scotch College

1st Kai Pallich- Vega 2nd Luka Elliston 3rd Hugh Nicholas

RACE 7. Junior A Grade Heart Starter (5 laps)

41	Elliott Walker	South Coast
42	Cooper Jacobs	Whyalla
43	Shelby Johnson	South Coast
44	Mitchell Natt	South Coast
45	Alec Johnson	Norwood

46	Ethan Birrane	South Coast
47	Ewan Coulter	Port Adelaide
48	Angus Miller	South Coast

1st Mitchell Natt 2nd Elliott Walker 3rd Ethan Birrane

RACE 8. Heart Starter Handicap Heart Starter (2 lap)

2	86	Holly Durston	South Coast	9	91	Maxwell Williams	South Coast
8	87	Sophie Lennon	South Coast	4	92	Molly Opperman	Central Districts
3	88	Jordi Fountas	South Coast	10	93	Caleb Van Wezel	South Coast
5	89	Nicolas Fountas	South Coast	7	94	Cooper Beggs	South Coast
1	90	Peter Earl	South Coast	6	95	Miles Hennessy	South Coast

PRESENTATIONS of Race 2 - 8

Need a Coffee? see Tania







1st - 5 place getters to the Final

NOTE - All Handicap marks and grades are subject to change

HEAT 1

	-		
1	Lewis Walker	South Coast	0
4	Mathew Franks	Port Adelaide	25
9	Ryan Beggs	South Coast	45
8	Matthew Ireland	Kilkenny CC	60
7	James Kelly	Norwood	70
14	Michael Young	Port Adelaide	85
17	Lee Stevens	Riverland	120
33	Hamish McLean	South Coast	155
23	Paul King	Central Districts	170
25	Paul Fountas	South Coast	180



1st _Matthew Ireland 2nd Lee Stevens 3rd_Mathew Franks 4th_James Kelly 5th Michael Young

HEAT 2

. —,	_		
6	Jarrod Currie	South Coast	35
2	Sean Hennessy	South Coast	55
3	Bryan McIntyre	South Coast	70
5	David Radzikiewicz	South Coast	80
20	Seth Gilbert	South Coast	95
18	David Gomer	Norwood	140
16	Isaac Nicholls	Kilkenny	150
22	Joshua Dean	Central Districts	160
30	Chris Spence	Port Adelaide	200
31	Shane Harris	South Coast	220
32	Ken Little	Central Districts	260



1st _Isaac Nicholls 2nd Joshua Dean 3rd_David Gomer 4th_Chris Spence 5th_Seth Gilbert



Adelaide Bike Fit

Contact Nashy for an appt 0433 462 886 E nashy@adelaidebikefit.com.au W adelaidebikefit.com.au

RACE 10. South Coast Cycling Trackies Handicap (1 lap)

Holly Durston	South Coast	60	3
Sophie Lennon	South Coast	10	7
Jordi Fountas	South Coast	100	2
Nicolas Fountas	South Coast	120	1
Peter Earl	South Coast	40	5
Maxwell Williams	South Coast	45	4
Molly Opperman	Central Districts	75	8
Caleb Van Wezel	South Coast	15	9
Cooper Beggs	South Coast	50	10
Miles Hennessy	South Coast		6
	Sophie Lennon Jordi Fountas Nicolas Fountas Peter Earl Maxwell Williams Molly Opperman Caleb Van Wezel Cooper Beggs	Sophie Lennon Jordi Fountas Nicolas Fountas Peter Earl Maxwell Williams Molly Opperman Caleb Van Wezel Cooper Beggs South Coast South Coast Coast South Coast Coast South Coast South Coast South Coast	Sophie LennonSouth Coast10Jordi FountasSouth Coast100Nicolas FountasSouth Coast120Peter EarlSouth Coast40Maxwell WilliamsSouth Coast45Molly OppermanCentral Districts75Caleb Van WezelSouth Coast15Cooper BeggsSouth Coast50



RACE 11. South Coast Cycling Junior C Grade Handicap (1 lap)

67	Wil Holmes	South Coast	SC
63	Niel Van Niekerk	Mount Gambier	20
65	Harry Blackburn	South Coast	25
62	Ewan Landman	South Coast	30
61	Annabelle Kelly	Norwood	35
68	Codi Winter	Central Districts	40
70	Binuk Kulathunga	Kilkenny	45
66	Grace Currie	South Coast	50
64	Inneke Beggs	South Coast	55
71	Jamie Anderson	South Coast	15
69	Angus Corbet	South Coast	



1st Codi Winter 2nd Annabelle Kelly 3rd Angus Corbet

RACE 12. Bicycling Australia Junior B Grade Handicap (1 Iap)

56	Kai Pallich- Vega	Central Districts	sc
55	Luka Elliston	Scotch College	15
54	Cooper Warren	South Coast	20
51	Hugh Nicholas	South Coast	25
57	Tyler Stevens	Riverland	55
53	Jack Wisbey	Whyalla	30
58	Harrison Opperman	Mt Gambier	40
52	Jacob Currie	South Coast	45
59	Eloise Sandow	Scotch College	50



1st Jacob Currie 2nd Eloise Sandow

3rd Hugh Nicholas

RACE 13. Bicycling Australia Junior A Grade Handicap (1 lap)

48	Angus Miller	South Coast	SC
44	Mitchell Natt	South Coast	5
41	Elliott Walker	South Coast	10
45	Alec Johnson	Norwood	25
47	Ewan Coulter	Port Adelaide	30
42	Cooper Jacobs	Whyalla	35
43	Shelby Johnson	South Coast	40
46	Ethan Birrane	South Coast	40
49	Thomas Woodward	South Coast	Src



1st Ewan Coulter 2nd Mitchell Natt 3rd Ethan Birrane

NOTE - All Handicap marks and grades are subject to change

April 8 Clare Classic Gran Fondo Cycling event.

With ride options of 50km, 110km & 160km, there's a challenge and distance for everyone. Organisers have offered South Coast Cycling Club members 20% off entry to the April 8 event - quote '200FF' when booking. Entrants also have the chance to win \$1000 of Thule equipment - Register today at www.clareclassic.com.au



RACE 14. South Coast Cycling Senior D Grade Handicap (1 lap)

31	Shane Harris	South Coast	0
30	Chris Spence	Port Adelaide	30
34	Bronwyn Dolman	Port Adelaide	40
36	Jenna Bennett	Tasmania	50
32	Ken Little	Central Districts	55



1st Chris Spence 2nd Bronwyn Dolman

3rd Ken Little

RACE 15. South Coast Cycling Senior C Grade Handicap (1 lap)

33	Hamish McLean	South Coast	0
23	Paul King	Central Districts	15
25	Paul Fountas	South Coast	20
24	Emma Seeliger	Kilkenny	30
26	Gemma Kernich	Port Adelaide	40



1st Emma Seeliger 2nd Paul Fountas

3rd Paul King

RACE 16. South Coast Cycling Senior B Grade Handicap (2 laps)

14	Michael Young	Port Adelaide	0
20	Seth Gilbert	South Coast	10
15	Heather May	South Coast	20
17	Lee Stevens	Riverland	35
18	David Gomer	Norwood	50
21	Madeleine Steele	Port Adelaide	55
16	Isaac Nicholls	Kilkenny	60
22	Joshua Dean	Central Districts	70



1st Isaac Nicholls 2nd Madeleine Steele 3rd David Gomer

RACE 17. South Coast Cycling Senior A Grade Handicap (2 laps)

1	Lewis Walker	South Coast	0
4	Mathew Franks	Port Adelaide	15
6	Jarrod Currie	South Coast	20
9	Ryan Beggs	South Coast	30
2	Sean Hennessy	South Coast	40
8	Matthew Ireland	Kilkenny CC	50
7	James Kelly	Norwood	60
3	Bryan McIntyre	South Coast	65
5	David Radzikiewicz	South Coast	70



1st Matthew Ireland 2nd David Radzikiewicz 3rd Bryan McIntyre

South Coast Cycling Adelaide Cup on Wheels Sponsors - Bicycling Australia & Adelaide Bike Fit



Italian team pursuit event: each team drops a rider at the completion of every HALF lap until only one rider per team is left to race in the final half lap. The winner is the team with the fastest time.

RACE 18.Little Trackies Italian Pursuit FRONT STRAIGHT TEAM

86	Holly Durston	South Coast
91	Maxwell Williams	South Coast
88	Jordi Fountas	South Coast
92	Molly Opperman	Central Districts
94	Cooper Beggs	South Coast
	TIME 2:13.80	

RACE 19. Junior 2 Italian Pursuit FRONT STRAIGHT TEAM

62	Ewan Landman	South Coast
64	Inneke Beggs	South Coast
65	Harry Blackburn	South Coast
66	Grace Currie	South Coast
67	Wil Holmes	South Coast

TIME _2:01.36

RACE 20. Junior 1 Italian Pursuit FRONT STRAIGHT TEAM

51	Hugh Nicholas	South Coast	
52	Jacob Currie	South Coast	
54	Cooper Warren	South Coast	
57	Tyler Stevens	Riverland	
	· · · · · · · · · · · · · · · · · · ·		

4 TIME _1:30.21

FRONT STRAIGHT TEAM

41	Elliott Walker	South Coast
43	Shelby Johnson	South Coast
44	Mitchell Natt	South Coast
46	Ethan Birrane	South Coast
1	TIME 1:14.41	

BACK STRAIGHT TEAM

89	Nicolas Fountas	South Coast
90	Peter Earl	South Coast
87	Sophie Lennon	South Coast
93	Caleb Van Wezel	South Coast
95	Miles Hennessy	South Coast
	TIME 0.04.00	

TIME __2:24.06

BACK STRAIGHT TEAM

61	Annabelle Kelly	Norwood
63	Niel Van Niekerk	Mount Gambier
68	Codi Winter	Central Districts
70	Binuk Kulathunga	Kilkenny
71	Jamie Anderson	South Coast

TIME __1:56.56

BACK STRAIGHT TEAM

I	53	Jack Wisbey	Whyalla
	55	Luka Elliston	Scotch College
I	58	Harrison Opperman	Mt Gambier
I	59	Eloise Sandow	Scotch College

3 TIME __1:29.08

BACK STRAIGHT TEAM

45	Alec Johnson	Norwood
47	Ewan Coulter	Port Adelaide
48	Angus Miller	South Coast
56	Kai Pallich- Vega	Central Districts

2 TIME __1:18.51

RACE 21. Senior Italian Pursuit FRONT STRAIGHT TEAM

36	Jenna Bennett	Tasmania
32	Ken Little	Central Districts
	Joshua Dean	Central Districts
23	Paul King	Central Districts

TIME __1:22.75

24	Emma Seeliger	Kilkenny
16	Isaac Nicholls	Kilkenny
8	Matthew Ireland	Kilkenny
18	David Gomer	Norwood

2nd TIME ____1:15.81

BACK STRAIGHT TEAM

	25	Paul Fountas	South Coast
	33	Hamish McLean	South Coast
ſ		, 55	South Coast
ſ	5	David Radzikiewicz	South Coast

3rd TIME __1:16.24

34	Bronwyn Dolman	Port Adelaide
30	Chris Spence	Port Adelaide
4	Mathew Franks	Port Adelaide
17	Lee Stevens	Riverland

1st TIME __1:14.21

RACE 22. Senior Invitatin Team Time Trial Madison

1	Lewis Walker	South Coast
2	Sean Hennessy	South Coast
3	Bryan McIntyre	South Coast
14	Michael Young	Port Adelaide
15	Heather May	South Coast
6	Jarrod Currie	South Coast
7	James Kelly	Norwood
20	Seth Gilbert	South Coast
21	Madeleine Steele	Port Adelaide
34	Bronwyn Dolman	Port Adelaide

1 TIME ___1:08.31

4 TIME ____1:15.47

2 TIME ___1:13.21

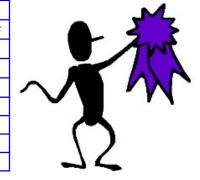
3 TIME ___1:14.76

5 TIME ___1:17.93

RACE 23a. Little Trackies Adelaide Cup on Wheesl 1 Lap

86	Holly Durston	South Coast	70	3
87	Sophie Lennon	South Coast	10	8
88	Jordi Fountas	South Coast	100	DNF
89	Nicolas Fountas	South Coast	130	2
90	Peter Earl	South Coast	50	4
91	Maxwell Williams	South Coast	5	5
92	Molly Opperman	Central Districts	85	7
93	Caleb Van Wezel	South Coast	15	9
94	Cooper Beggs	South Coast	Src	6
95	Miles Hennessy	South Coast		1

handicap marks TBA



RACE 23.SCC Adelaide Cup on Wheels U11/13 Wheelrace (1 lap)

67	Wil Holmes	South Coast	15
65	Harry Blackburn	South Coast	30
63	Niel Van Niekerk	Mount Gambier	20
62	Ewan Landman	South Coast	25
68	Codi Winter	Central Districts	35
70	Binuk Kulathunga	Kilkenny	40
69	Angus Corbet	South Coast	



1st Wil Holmes 2nd Niel Van Niekerk 3rd Codi Winter

RACE 24. SCC Adelaide Cup on Wheels U15 Wheelrace (2 lap)

55	Luka Elliston	Scotch College	SC
51	Hugh Nicholas	South Coast	15
54	Cooper Warren	South Coast	35
53	Jack Wisbey	Whyalla	40
57	Tyler Stevens	Riverland	50
52	Jacob Currie	South Coast	55
58	Harrison Opperman	Mt Gambier	65
71	Jamie Anderson	South Coast	TBH



1st Jacob Currie 2nd Jack Wisbey 3rd Harrison Opperman

RACE 25 .Bicycling Australia Adelaide Cup on Wheels Junior Women Wheelrace (1 lap)

43	Shelby Johnson	South Coast	0
59	Eloise Sandow	Scotch College	25
61	Annabelle Kelly	Norwood	35
66	Grace Currie	South Coast	50
64	Inneke Beggs	South Coast	65



1st Shelby Johnson 2nd Inneke Beggs 3rd Grace Currie

RACE 26. Bicycling Australia Adelaide Cup on Wheels Junior U17 Men Wheelrace (2 lap)

48	Angus Miller	South Coast	0
44	Mitchell Natt	South Coast	15
41	Elliott Walker	South Coast	30
45	Alec Johnson	Norwood	45
47	Ewan Coulter	Port Adelaide	60
42	Cooper Jacobs	Whyalla	65
46	Ethan Birrane	South Coast	70
56	Kai Pallich- Vega	Central Districts	40



1st Ewan Coulter 2nd Ethan Birrane 3rd Mitchell Natt_____

RACE 27.Adelaide Bike Fit Adelaide Cup on Wheels Consolation Senior Wheelrace (3 lap)

ΗE	1	Lewis Walker	South Coast	0
	9	Ryan Beggs	South Coast	45
	23	Paul King	Central Districts	170
	25	Paul Fountas	South Coast	180

HEAT 2

2	Sean Hennessy	South Coast	55	
3	Bryan McIntyre	South Coast	70	
5	David Radzikiewicz	South Coast	80	
6	Jarrod Currie	South Coast	35	
31	Shane Harris	South Coast	220	
32	Ken Little	Central Districts	260	

1st _Sean Hennessy 2nd _Ryan Beggs 3rd David Radzikiewicz

RACE 28. Adelaide Bike Fit Adelaide Cup on Wheels Senior Women Wheelrace (2 lap)

DNS

15	Heather May	South Coast	0
21	Madeleine Steele	Port Adelaide	25
26	Gemma Kernich	Port Adelaide	60
24	Emma Seelger	Kilkenny	70
36	Jenna Bennett	Tasmania	75
34	Bronwyn Dolman	Port Adelaide	85



1st _Emma Seelger 2nd Madeleine Steele 3rd_Heather May_____

Adelaide Bike Fit

Contact Nashy for an appt 0433 462 886 E nashy@adelaidebikefit.com.au W adelaidebikefit.com.au

RACE 29. Adelaide Bike Fit Adelaide Cup on Wheels Senior Men Wheelrace Final (3 lap)

HEAT 1

4	Mathew Franks	Port Adelaide	25
8	Matthew Ireland	Kilkenny CC	60
7	James Kelly	Norwood	70
14	Michael Young	Port Adelaide	85
17	Lee Stevens	Riverland	120

HEAT 2

20	Seth Gilbert	South Coast	95
18	David Gomer	Norwood	140
16	Isaac Nicholls	Kilkenny	150
22	Joshua Dean	Central Districts	160
30	Chris Spence	Port Adelaide	200



1st David Gomer2nd Isaac Nicholls 3rd Lee Stevens	
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BREAK BREAK BREAK

RACE 30. Little Trackies Handicap Scratch (2 laps)

2	86	Holly Durston	South Coast
7	91	Maxwell Williams	South Coast
3	88	Jordi Fountas	South Coast
4	92	Molly Opperman	Central Districts
5	94	Cooper Beggs	South Coast
dnf	89	Nicolas Fountas	South Coast
8	90	Peter Earl	South Coast
6	87	Sophie Lennon	South Coast
9	93	Caleb Van Wezel	South Coast
1	95	Miles Hennessy	South Coast



RACE 31. Junior C Grade Scratch Race (4 laps)

61	Annabelle Kelly	Norwood
62	Ewan Landman	South Coast
63	Niel Van Niekerk	Mount Gambier
64	Inneke Beggs	South Coast
65	Harry Blackburn	South Coast
66	Grace Currie	South Coast

67	Wil Holmes	South Coast
68	Codi Winter	Central Districts
69	Angus Corbet	South Coast
70	Binuk Kulathunga	Kilkenny
71	Jamie Anderson	South Coast

1st Wil Holmes 2nd Annabelle Kelly

3rd Harry Blackburn

RACE 32. Junior B Scratch Race (5 laps)

51	Hugh Nicholas	South Coast
52	Jacob Currie	South Coast
53	Jack Wisbey	Whyalla
54	Cooper Warren	South Coast
55	Luka Elliston	Scotch College

56	Kai Pallich- Vega	Central Districts
57	Tyler Stevens	Riverland
58	Harrison Opperman	Mt Gambier
59	Eloise Sandow	Scotch College

1st Luka Elliston 2nd Kai Pallich- Vega

3rd Jack Wisbey

RACE 33. Junior A Grade Motor Pace (8 laps)

41	Elliott Walker	South Coast
42	Cooper Jacobs	Whyalla
43	Shelby Johnson	South Coast
44	Mitchell Natt	South Coast

46	Ethan Birrane	South Coast
47	Ewan Coulter	Port Adelaide
48	Angus Miller	South Coast
45	Alec Johnson	Norwood

1st Mitchell Natt 2nd Elliott Walker

3rd Ethan Birrane

RACE 34 . South Coast Senior C/D Grade Motor Pace (7 laps)

30	Chris Spence	Port Adelaide
31	Shane Harris	South Coast
32	Ken Little	Central Districts

23	Paul King	Central Districts
33	Hamish McLean	South Coast
25	Paul Fountas	South Coast

1st Chris Spence 2nd Paul Fountas 3rd Paul King

RACE 35. Bicycling Australia Senior Women Motor Pace (6 laps)

24	Emma Seeliger	Kilkenny
34	Bronwyn Dolman	Port Adelaide
36	Jenna Bennett	Tasmania
26	Gemma Kernich	Port Adelaide
15	Heather May	South Coast
21	Madeleine Steele	Port Adelaide



1st Heather May 2nd Bronwyn Dolman 3rd Madeleine Steele

RACE 36. Bicycling Australia Senior A/B Grade Motor Pace (16 laps)

1	Lewis Walker	South Coast
2	Sean Hennessy	South Coast
3	Bryan McIntyre	South Coast
4	Mathew Franks	Port Adelaide
5	David Radzikiewicz	South Coast
6	Jarrod Currie	South Coast
7	James Kelly	Norwood
8	Matthew Ireland	Kilkenny CC

9	Ryan Beggs	South Coast
14	Michael Young	Port Adelaide
16	Isaac Nicholls	Kilkenny
17	Lee Stevens	Riverland
18	David Gomer	Norwood
20	Seth Gilbert	South Coast
22	Joshua Dean	Central Districts

1st Lewis Walker 2nd Mathew Franks 3rd Jarrod Currie

Thank you to everyone who has help out today

Riders

Spectators Sponsors

Officials
Handicappers
Bicycling Australia
Adelaide Bike Fit

Commentator - Anthony & John Kelly

We hope you had a great day and enjoyed the racing



