**THE COACH DEVELOPMENT PILOT PROGRAM**

INFORMATION SHEET

July 2019

WHAT

We are conducting a program designed to positively impact the sporting experience, engagement and enjoyment of participants and coaches focusing on grass roots juniors, seniors and elite cohorts through a different method of delivering Coach Learning; Coach Development.

WHY

Improving the quality of coaching has long rested with Coach Education or courses. This method have been shown by research to have little effect in enhancing coaching behaviours. Spending time with the coach, observing them in practice, in their environments and context and providing skilled feedback on their coaching (referred to as Coach Development) has been shown around the world to have the greatest impact on improving coaching behaviours. Largely untried in Australia, we are focusing upon this method of Coach Learning trying to achieve proof of the method in our context to impact the quality of coaching with a view to improve both participant and coach enjoyment and therefore retention.

WHEN

The program is running for 12 months from July 1 2019 – June 30 2020.

WHO

We have partnered with Flinders University and Corwin Australia to engage a Coach Development Lead (CDL) who will deliver the grass roots junior program in Onkaparinga.

David Threadgold who has years of experience in the areas of both Coaching and Education here and overseas has been engaged as the CDL. He will spend most of his time in the Onkaparinga area working with clubs, meeting regularly with the ORSR Project team.

Flinders University have been engaged to conduct the research into the program. There are three target programs operating within the initial pilot focusing on different outcomes with each of the respective cohorts.

HOW

We are mindful that for ORSR to supply a Coach Developer to each club in SA is not feasible. The CDL’s task is to train people identified from within each club to be that club’s Club Coach Developer (CCD). David will meet with selected clubs (selected by Onkaparinga Council) to outline the value and impact of the program, undertake the training with the CCDs, observe the CCD conduct their initial coach observations and feedback sessions and be the conduit for the CCD and club Coaches through to the relevant club’s SSO.

In short David (as our CDL) will

1. Advocate for the program in Clubs,
2. Train the CCD workforce
3. Observe CCDs take their initial observation and feedback sessions with the club coaches
4. Provide follow up and support to the CCDs as required
5. Be a conduit between the clubs and their relevant SSO