



2023 South Coast Cycling Junior Tour

Saturday April 22 & Sunday April 23

McLaren Vale Region

South Australia



2023 South Coast Cycling Junior Tour



Race Incident / Emergency Protocol:




*Emergency: ring 000 or 112 and then notify the appropriate person below.

Medical Services	Vivien Bing	0411 234 725
Medical Services	Graham Heneker	0408 585 127
Medical Services	Graham Edmonds	0408 815 195

*Race Incident: If you see/know of a Race Incident please notify the appropriate person below. They will then notify others concerned.

Race Director	Bryan McIntyre	0402 722 618
Event Manager	Therese May	0468 328 966

Services Directory

Service	Address	Phone
Emergency	Ambulance / Fire / Police	000
Police 	Christies Beach	131444
Country Fire Service 	McLaren Vale	(08) 8323 8187
	Willunga	(08) 8556 2707
Hospital 24hr Accident and Emergency 	Flinders Medical Centre Flinders Drive Bedford Park 5042	(08) 8204 5511

The beautiful Fleurieu Peninsula in the Southern Vales region in South Australia offers some of the best cycling in Australia and it is alive with spectators and the world's best cyclists each year during the Tour Down Under. This excitement and atmosphere will be replicated by our junior cyclists during the 2023 South Coast Cycling Junior Tour.

The tour will be based in the Southern Vales region amongst McLaren Vales Vineyards, repeating a number of the courses used in last year's race, along with a new Wickham Hill hillclimb time trial to decide the overall GC. The district has fantastic facilities and plenty for the supporting families to do before and after the racing.

This event, in its 54th year, has a strong history of seeing junior cyclists competing at the highest level in conditions and courses similar to that of the Elite World Tour cyclists. This year has been modelled to give all the juniors a chance to shine with 2 x road stages, time trial, and a hill climb for each U17 & 15 age and gender groups, U13 will compete on day 1 only doing the road & time trial, with U19 this year being added for Sunday's two stages.

This Junior Tour has been a stepping stone for many cyclists who have progressed to represent Australia at the Olympics, Commonwealth Games and World Championships. Some have joined an UCI World Tour Team and raced in Le Tour de France. These riders form an impressive list of champions and include Alexandra Manly, Annette Edmondson, Maeve Moroney-Plouffe, Sarah Gigante, Alex Edmondson, Pat Jonker, Miles Scotson, Brett Aitken, Luke Durbridge and Callum Scotson to name but a few.



Previous Winners:

UNDER 17 MEN			UNDER 17 WOMEN		
1968&9	D. ADAMS	PORT PIRIE	2001	R. BRAITHWAITE	NOARLUNGA
1970	P. CRAWFORD	HOLDFAST	200 2& 3	J. TANNER	VICTORIA
1971	M. JOSE	WHYALLA	2004	T. DOWNING	VICTORIA
1972	S. NEDLECUTTA	KILKENNY	2005	C. TAYLOR	NORWOOD
1973	M. DAWSON	HOLDFAST	2006	A. EDMONSON	NORWOOD
1974	J. HOLLAND	KILKENNY	2007	M. ANDERSON	W.A.
1975	F. PARKER	KILKENNY	2008	S. NOONAN	SHMCC
1976	C. BEDDOME	KILKENNY	2009	C. CUSTANCE	NORWOOD
1977	P. RADOWICZ	KILKENNY	2010	J. MUNDY	NORWOOD
1978	J. BEASLEY	VICTORIA	2011 & 2	A. MANLY	CENTRALS
1979	K. BOBRIDGE	EASTERN D.	2013	R. ROSEMAN-GANNON	BRUNSWICK CC
1980	M. LAWSON	EASTERN D.	2014	C. MORAN	CENTRAL DISTRICTS
1981	P. MONTESSI	HOLDFAST	2015	M. MORONEY-PLOUFFE	PORT ADELAIDE CC
1982	C. ROWE	HOLDFAST	2016	S. GIGANTE	BRUNSWICK CC
1983	C. SHUGG	VICTORIA	2017	N. BRADBURY	ST KILDA CC
1984	D. SOLARI	EASTERN D.	2018 & 9	A. ANDERSON	ALICE SPRINGS CC
1985	P. JONKER	NOARLUNGA	2020 & 21	COVID	
1986	D. WINTER	EASTERN D.	2022	A. WILSON	NORWOOD
1987	B. AITKEN	EASTERN D.			
1988	D. LINDSAY	KILKENNY			
1989	G. ROOTES	HOLDFAST			
1990	L. EDWARDS	EASTERN D.			
1991	T. HOMAN	TASMANIA			
1992	M. GONO	VICTORIA			
1993	L. ROBERTS	VICTORIA			
1994	M. SPARNON	ADELAIDE			
1995	P. MURDOCH	ADELAIDE			
1996	I. DAVIDSON	VICTORIA			
1997	G. BATES	ADELAIDE			
1998 & 9	D. SALTRON	VICTORIA			
2000	N. SANDERSON	VICTORIA			
2001	L. WRIGHT	NOARLUNGA			
2002	T. GREATHEAD	VICTORIA			
2003	M. O'BRIEN	VICTORIA			
2004	P. GRINTER	VICTORIA			
2005	R. M. YOUNG	NORWOOD			
2006	B. GRENDAL	TASMANIA			
2007	L. DURBRIDGE	W.A.			
2008	D. PARKER	CENTRALS			
2009	A. EDMONSON	CENTRALS			
2010	B. UNFIELD	W.A.			
2011 & 2	C. SCOTSON	PT. ADELAIDE			
2013	M. STORER	MIDLAND CC			
2014	J. TICKNER	CARNEGIE CAULFIELD			
2015	L. NOLAN	PORT ADELAIDE CC			
2016	S. BASCOMBE	CARNEGIE CAULFIELD			
2017	S. EDDY	ECHUCA/MOAMA CC			
2018	P. EDDY	BENDIGO & DISTRICT			
2019	J. COMMONS	SOUTH WEST CC			
2020 & 21	COVID				
2022	W. HOLMES	NORWOOD			
UNDER 13 BOYS/GIRLS			UNDER 15 MEN		
2009 & 10	J. HIGGINSON	KILKENNY CC	2001	G. MURPHY	VICTORIA
2011	B. GASSNER	CENTRAL DISTRICT	2002	P. GRINTER	VICTORIA
2012 & 13	L. WALKER	SOUTH COAST CC	2003	L. HOWARD	VICTORIA
2014	M. FRANK	BALMORAL CC	2004	M. DOWNING	VICTORIA
2015	C. SYMONS	MILDURA-COOMEALLA	2005&6	D. PARKER	CENTRAL DISTRICTS
2016	T. WIGHT	MT GAMBIER CC	2007	G. TANSLEY	VICTORIA
2017	I. COMMONS	SOUTH WEST CC	2008	T. FULTON	WHYALLA
2018	W. HOLMES	SOUTH COAST CC	2009	B. MENY	MIDLAND WA
2019 Boy	A. CORBETT	SOUTH COAST CC	2010	C. SCOTSON	PT ADELAIDE
2019 Girl	P. SQUIRE	BATHURST CC	2011	T. ALLFORD	MILDURA CC
2020 & 21	COVID		2012	J. HIGGINSON	KILKENNY
2022	N. LOWRIE	CARNEGIE CAULFIELD	2013	B. O'SHEA	CENTRAL DISTRICTS
			2014	K. SCOTT	NORTHERN DIS. WA
			2015	L. WALKER	SOUTH COAST CC
			2016	P. EDDY	ECHUCA MOAMA CC
			2017	J. COMMONS	SOUTH WEST CC
			2018	H. PROTHEROE	X-SPEED AUST. CC
			2019	A. GILL	BENDIGO & DISTRICT
			2020 & 21	COVID	
			2022	W. BROWN	PORT ADELAIDE
			UNDER 15 WOMEN		
			2001	J. TANNER	VICTORIA
			2003	C. TAYLOR	NORWOOD
			2004	G. FREELAND	VICTORIA
			2005	L. EDMUNDS	NORWOOD
			2006	S. NOONAN	SHMCC
			2007	J. ALLEN	W.A.
			2008	K. MACKIE	NSW
			2009	S. FROMENTIN	CENTRALS
			2010	A. MANLY	CENTRALS
			2011	E. NICHOLLS	TAMMORTH CC
			2012	A. HOCKING	WARNAMBOOL
			2013	C. THOMPSON	ECHUCA MOAMA CC
			2014	S. GIGANTE	BRUNSWICK CC
			2015 & 16	N. BRADBURY	ST KILDA CC
			2017	A. ANDERSON	ALICE SPRINGS CC
			2018	J. EDDY	BENDIGO & DISTRICT CC
			2019	B. BAILEY	BENDIGO & DISTRICT CC
			2021 & 21	COVID	
			2022	P. SQUIRE	NORWOOD

Event Officials:

Role	Name	Contact Number
Race Director	Bryan McIntyre	0402 722 618
Deputy Race Director	Jarrold Currie	0410 569 642
Event Manager	Therese May	0468 328 966
Event Safety Officer	David Schutz	0439 047 271
SCC Club President	Jarrold Currie	0410 569 642
Traffic Management Co-ordinator	Jarrold Currie	0410 569 642
Lead / Follow Car Co-ordinator	David Schutz	0439 047 271
Chief Commissaire	Lorraine Schutz	0439 196 000
Commissaire	Howard Bartlett	Call Lorraine
Commissaire	Will Lyons	Call Lorraine
Commissaire	Graham McArthur	Call Lorraine
Commissaire	Tony Fielke (Sun)	Call Lorraine
Commissaire	Lyle Baird	Call Lorraine
Timing	Ken Gooding	0409 007 671
Commentator	Graeme Zucker	
Sports Trainers Services	Viv Bing	0411 234 725
Sports Trainers Services	Graham Heneker	0408 585 127
Sports Trainers Services	Graham Edmonds	0408 815 195

Housekeeping & Safety

Safety

Safety of participants is the most important priority in the planning and delivery of this event. Riding on open roads represent one of the greatest risks to our riders. Development of a suitable Traffic Management Plan (TMP) is key aspect of this, but more importantly is the implementation of traffic controls which align with this plan. South Coast Cycling takes this responsibility very seriously and has made significant investment in signage, equipment and training. Please understand that the race entry fees are reflective of the cost to implement controls consistent with the TMP.

Whilst race organisation will take all measures to ensure that the courses are safe, please make an effort to ensure that you are familiar with the courses prior to the race and always ride to the conditions on the day. All stages will take place on open roads, so will be subject to all relevant road laws. Please always be mindful of other road users and local residents.

We take very seriously the behaviour of all competitors while racing on open roads, as any incidents can have a direct impact on the feasibility of all future events that use open roads. Commissaires will be strongly encouraged by race organisers to closely monitor - and if necessary, penalise - any unsafe or inconsiderate behaviour. Any penalties or disqualifications imposed by commissaires for such behaviour will be supported by race organisation.

A reminder to parents and carers of riders driving in and around the event that you also are required to follow traffic control signs and directions given by traffic controllers. Again, please always be mindful of other road users and local residents.

Emergency Management

An Emergency Management Plan has been prepared to support this event. The principal purpose of the Emergency Management Plan is to detail response expectations to event incidents and emergencies, and to support the safety of event staff, participants and spectators.

Event participants and spectators are required to follow the directions of event staff or emergency response personnel should an incident or emergency occur.

Working With Children

South Coast Cycling supports AusCycling's expectation that volunteers and officials associated with junior events to have a working with children check card. Applications for these cards are free for volunteer organisations and can be obtained by accessing the link below. All junior tour volunteers are encouraged to obtain their working with children card:

<http://www.workingwithchildren.vic.gov.au/home/about+the+check/who+needs+a+check/>

Event Base Areas

Whilst racing remains in progress, all parents/supporters are requested to support the safety of riders and officials by minimising interaction with the race while arriving and departing from event bases.

Vinpac (Saturday):

Please access by using the south approach from Douglas Gully Road. Whilst racing is underway, please access and exit in the opposite direction to the race - depart in a southerly direction (towards Douglas Gully Road – turn left out of the driveway) only, and access only from the north.

The Range War Memorial Hall (Sunday):

Please avoid travelling along the course: Range Road (north of the Range Hall) and Pottery Road. The Range War Memorial Hall can be accessed from McLaren Flat on Pennys Hill Road, and from Willunga on the southern end of Range Road.

Hope Forest CFS Station is located adjacent to The Range Hall. Please respect any signage or directions given to maintain clear access to the station.

Important notes for riders

- Riders are reminded that weather conditions can vary throughout a race. Thus, suitable race clothing should be worn to cater for the conditions and any potential change to the conditions.
- You should also have a change of clothes available at the completion of each race.
- It is the rider's sole responsibility to ensure that they eat and drink in sufficient quantity for the event.
- To ensure no riders are left on-course, all riders who abandon a race must immediately return to finish line and formally note their abandonment with Commissionaires.
- Please feel free to communicate any safety concerns to the Race Director should you observe any concerns on race day.
- No riders are to be on the Race Circuits within 10 minutes of Race Start times, or during the events

Important notes for Spectators, Coaches, Handlers & Parents

- For the safety of riders, pedestrians, road users, and the general public, please follow directions of officials. They will be wearing fluorescent vests.
- In an attempt to reduce congestion and minimize impact on the community, rider parents and supporters are not permitted to follow the race (unless they are part of the official race convoy). Unauthorised following vehicles may attract a penalty to riders associated with the vehicle.
- Spectators are strongly discouraged from travelling on the courses in the same direction as the race. Please be aware that stage 2 (TT) and stage 3 (road race) use roads in both directions. In order to ensure safety of competitors and officials, please make all reasonable efforts to use alternative routes to access vantage points.
- When watching events, keep off the asphalt, and stay away a safe distance from the edge of the road-shoulder. Do not watch from bends or in potential vehicle / rider runoff areas.
- Allow Race Officials a clear view of the riders approaching the finish line.

Start Lists & Race Results

Start lists & race results will be posted to the South Coast Cycling website:

<https://southcoastcycling.org.au/>

2023 Riders



Rules & Regulations

This event will be run in accordance with the AusCycling Road Technical Regulations (2023):

https://assets.auscycling.org.au/s3fs-public/2022-12/auscycling-technical-regulations-road.pdf?VersionId=cH_F7H6mANR2.Ili28O59g47Rgg4arYs

Some points that we would like to highlight or clarify:

- This event will be run on open roads. ***All relevant South Australian Road Rules must be followed at all times.*** Competitors must keep left at all times and not cross white centre lines. Breaches of the South Australian Road Rules will result in disqualification from the stage and, in the case of repeated offences, the event Commissaires will provide warnings at their discretion.
- Riders are reminded that the AusCycling SA 'red light policy' will be enforced. Riders without operating red lights will not be allowed to start.
- Riders to be present at Start Lines at least 10 minutes prior to starting time for Commissaires briefing and to confirm attendance.
- Each competitor will be issued with 2 body numbers, frame number and transponder. Numbers must not be cut, folded or modified in any way and must be placed on the back so as to be visible from behind and the left side. Numbers both body and bike and transponders must be returned by competitors at the conclusion of the event.
- Riders who are found to be littering will be disqualified from the stage, and further penalties or fines could be imposed by commissaires.

Roll Outs

Roll-outs will be checked prior to racing each day. Additional roll-out checks may be undertaken by commissaires throughout the event. Roll out distances are referenced in the AusCycling Road Technical Regulations, section 1.02.01:

- Under 17: 7.0 metres
- Under 15: 6.10 metres
- Under 13: 5.5 metres

For this event, gears will be allowed to be blocked, but must comply with the above roll out distances at all times

General Classification

The overall general classification is time-based, with total elapsed time for each stage counting towards the General Classification, with time bonuses awarded for individual road-race stage (stages 1 & 3) results:

- First place: 5 seconds
- Second place: 3 seconds
- Third place: 2 seconds
- Fourth place: 1 second

No time bonuses will be awarded for time trial stages (stages 2 & 4).

In the case of a dead heat, the time of the final time trial stage will be used to decide the result.

General classification results will otherwise be awarded as per the AusCycling Road Technical Regulations.

KOM/QOM

The KOM/QOM competition is conducted for Under 17 Men & Under 17 Women only. Place getters are awarded points towards the KOM/QOM competition.



KOM points are:

- Stage 1: Boundary of 174 & 150 Moritz Road, 2.4 km past start/finish line
- Stage 3: Approximately 268 Pottery Road, 1km prior to finish line
- Stage 4: Wickhams Hill, finish line

KOM point allocations are:

	Stage 1 Laps 2 & 4	Stage 3 Laps 1.5 & 2.5	Stage 4 Finish places
First Place	5	5	7
Second Place	3	3	5
Third Place	2	2	3
Fourth Place	1	1	1

There are no time bonuses awarded for the KOM/QOM sprints

Riders must complete the road race stage to be eligible for KOM/QOM points. Riders must attempt to complete each stage to be eligible to start the next stage and be eligible for General Classification ranking. Dispensation for mechanical mishaps or accidents will be at the discretion of the Chief Commissaire.

The Chief Commissaire reserves the right to withdraw riders lagging well behind the main field or if they suffer a mechanical failure. If this occurs, the rider(s) will be given the time of the last rider finishing plus 60 seconds and the rider(s) will be able to start the next stage. Riders who suffer a medical issue and have to withdraw from a stage may be able to start the next stage at the discretion of the Chief Commissaire in consultation with the Race Director.

Stages

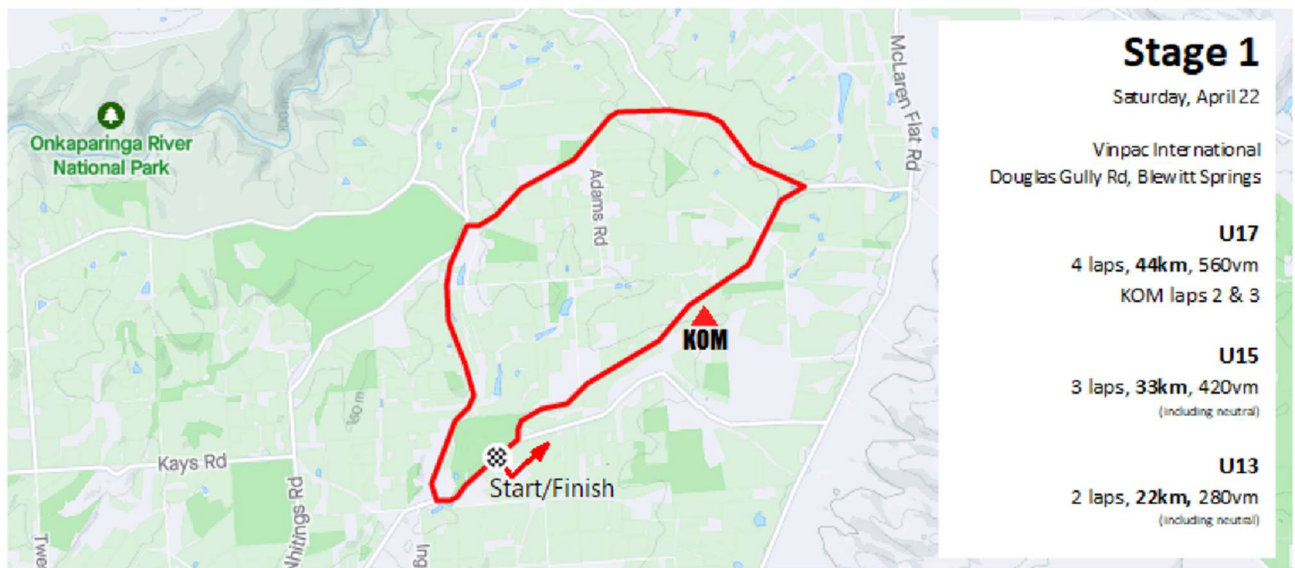
Rider sign-on

All riders will be required to CHECK IN and collect their numbers, transponders, etc, prior to the start of stage 1. Check in desk will be at the event base at Vinpac International on Douglas Gully Road, and will be open from 8:00am

Stage 1 Road Race Saturday, 22nd April 2023

Start Times:

Under 13	9:55am	Under 17 Men	10:15am	Under 17 Women	10:17am
Under 15 Men	10:19am	Under 15 Women	10:20am		



Stage 1 (Moritz Road Race):

Start from Vinpac International, Douglas Gully Road

Left (right of way) onto Moritz Road (0.2km)

KOM at top of Moritz Rd climb (boundary of 174 and 150 Moritz Road, 2.3km from start line), laps 2 & 4

Left (right of way) onto Schuller Road (3.9km)

Road continues straight on to Brookmans Road at concrete house (5.4km)

Left (give way) on to Blewitt Springs Road (7.6km)

Left (give way) on to Douglas Gully Road (10.3km)

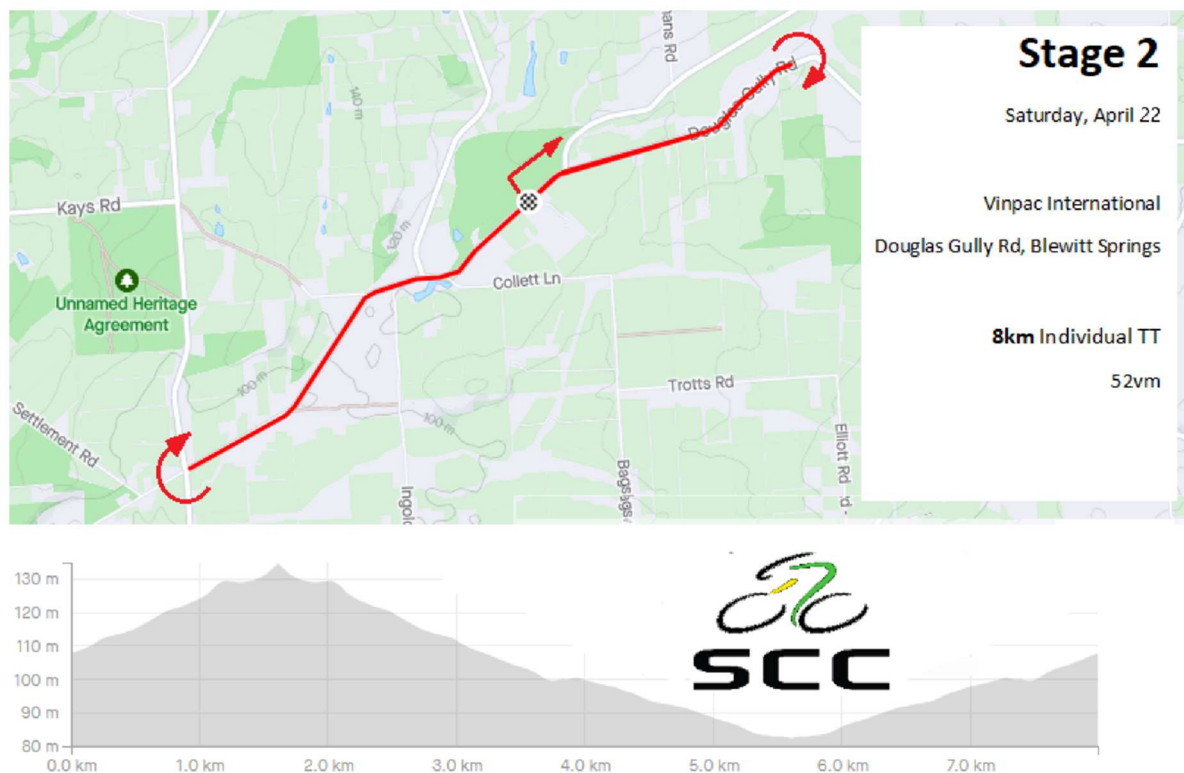
Finish at Vinpac International, Douglas Gully Road (11.1km)

Under 13 & under 15 categories will start under neutral to ensure maximum distances (per AusCycling Technical Regulations: Road) are not exceeded. Neutral section will extend to approximately KOM point on lap 1.

Stage 2 Time Trial Saturday, 22nd April 2023

Start Times:

From 2:00pm - Riders will start at 1 minute intervals, with longer time gaps between categories



Stage 2 (Time Trial):

Start at Vinpac International, Douglas Gully Road, heading north-east

Continue straight on Douglas Gully Road (0.2km)

Turnaround at end of Douglas Gully Road (before road becomes Clayton Road, surface changes to gravel) (1.6km)

Continue south-west past start/finish at Vinpac (3.2km)

Road continues straight on to Blewitt Springs Road (right of way) (3.9km)

Turnaround on Blewitt Springs Road (before centre island at Whittings Road intersection) (5.6km)

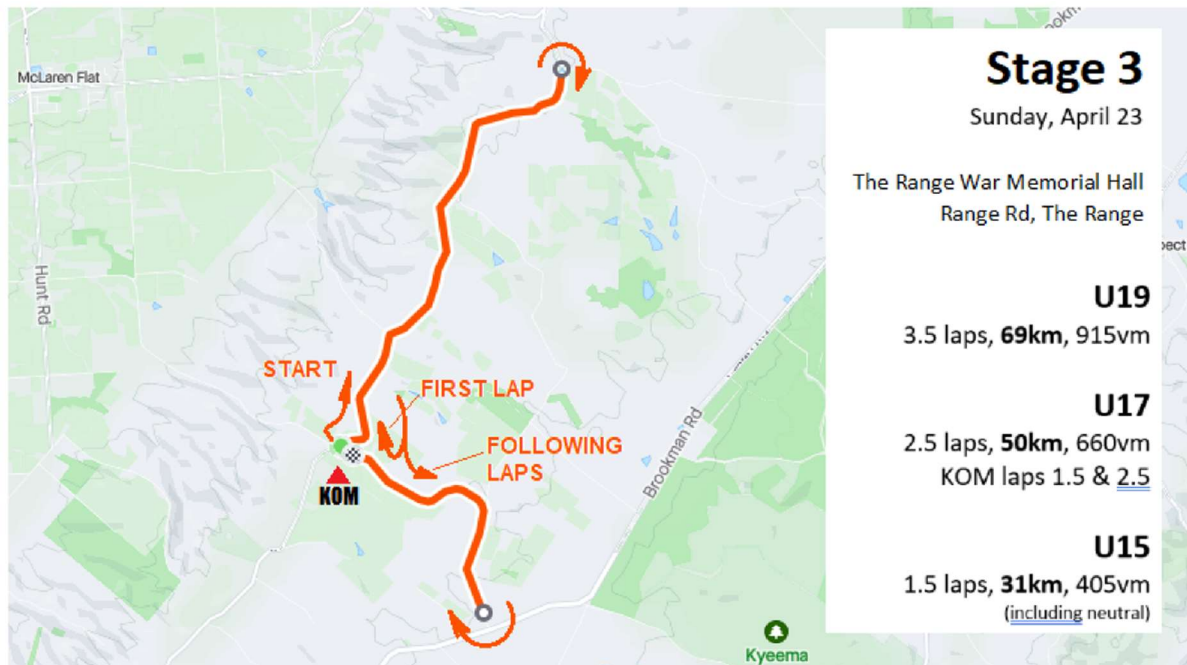
Road continues straight on to Douglas Gully Road (right of way) (7.2km)

Finish at Vinpac International, Douglas Gully Road (8km)

Stage 3 Road Race Sunday, 23rd April 2023

Start Times:

Under 19 Men & Women 9:00am **Under 17 Men** 9:04 **Under 15 Men** 9:08
Under 17 Women 9:12am **Under 15 Women** 9:16am



Stage 3 (The Range):

Start on Range Rd, north side of Range Road/Pottery Road intersection (opposite The Range War Memorial Hall), heading north-east.

First lap: Turnaround at Range Road/Wickham Hill Rd intersection (6.1km)

Turnaround at Range Road/Pottery Road intersection (start point) (12.1km)

Following laps (approx. 19km loop):

Turnaround at Range Road/Wickham Hill Rd intersection (18.2km)

Turn left (give way) at Pottery Road (24.3km)

Turnaround on Pottery Road, prior to Brookman Road (27.8km)

U15: **Finish** at Pottery Road (approx 220m prior to Range Road intersection) (30.9km)]

KOM at 268 Pottery Road, lap 1.5 (approx 30km)

Lap1.5 Continue through finish line, then turn right (give way) at Range Road (31.2km)

Turnaround at Range Road/Wickham Hill Rd intersection (37.3km)

Turn left (give way) at Pottery Road (43.4km)

Turnaround on Pottery Road, prior to Brookman Road (46.9km)

KOM at 268 Pottery Road, lap 2.5 (approx 49km)

U17: Lap 2.5

Finish at Pottery Road (approx 220m prior to Range Road intersection) (50km)

Continue through finish line, then turn right (give way) at Range Road (51.2)

Turnaround at Range Road/Wickham Hill Rd intersection (57.3km)

Turn left (give way) at Pottery Road (63.4km)

Turnaround on Pottery Road, prior to Brookman Road (65.9km)

U19: Lap 3.5

Finish at Pottery Road (approx 220m prior to Range Road intersection) (69km)

Stage 4 Hillclimb Time Trial Sunday, 23rd April 2023

Start times: From 2:00pm Riders will start at 30 second intervals, with longer time gaps between categories



Marshalling area will be at the top of Wickham Hill, intersection of Wickham Hill Road and Toops Hill Road. Riders will need to be at the marshalling point approximately 15 minutes prior to listed start times and will be escorted to the start line by commissaires.

Parking for parents, handlers, coaches, etc, will be on Toops Hill Road at the top of Wickham Hill Road".

We wish to acknowledge the assistance and support of the following:

SCC Committee Members

ACSA Commissaires & Race Officials

ACRM Australia (Gawler - Barossa) Division

SCC & CDCC Members

AusCycling SA

South Australia Police (SAPOL)

Schwalbe

South Australian Tourism Commission

Parents of all the competitors

Vivien Bing Sports Trainer Services

All Traffic Marshals

All our Volunteers

The Onkaparinga Council

Bike Box Australia

Jonny's Popcorn

Sports Integrity Australia

Thankyou Everyone

Without the huge number of volunteers that support our event, we would not be able to run it so safely for the riders.

We look forward to being bigger and better in 2024. Take care and travel home safe.



MENU



Bacon and Egg Rolls \$5.50



Chicken Burger \$6.00



Sausage and Bread \$2.50



Muffins \$3.50



Chocolate Bars \$2.00



Powerade
\$4.50



Water
\$1.50



Soft Drink
\$2.50



The Zetter family would like to thank South Coast Cycling for giving us the opportunity to cater the Junior Tour and providing all proceeds towards Lucas Zetter's BMX World Championships campaign to be held in Glasgow Scotland in August.

Southgate Plaza



Hilltop Butcher



And to our sponsors Thankyou